

Community Activities and Seniors Program March 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:00 am Aqua with Bec Quilpie Pool	3 2:00pm Craft , Chat & Cuppa MPC Gyrica Gardens	4 No Program	5 9:00am Aqua with Bec Quilpie Pool 2:00 pm Healthy Minds Quilpie Library	6
9 9:00 am Aqua with Bec Quilpie Pool	10 2:00pm Craft, Chat & Cuppa Library	11 10:30am Chair Exercises Library	12 9:00am Aqua with Bec Quilpie Pool 2:00 pm Healthy Minds MPC Gyrica Gardens	13
16 9:00am Aqua with Bec Quilpie Pool	17 HAPPY ST. PATRICK'S DAY 2:00pm Stay Smart Online Library	18 10:30am Hand Exercises MPC Gyrica Gardens	19 9:00 am Aqua with Bec Quilpie Pool 2:00 pm Brain Trivia MPC Gyrica Gardens	20 10:00 am Men's Group MPC Gyrica Gardens
23 9:00 am Aqua with Bec Quilpie Pool 11:00 am Memory Morning Tea Quilpie Library	24 10:00am Footcare MPC Gyrica Gardens	25 10:30am Balance Exercises MPC Gyrica Gardens	26 9:00 am Aqua with Bec Quilpie Pool 2:00 pm Healthy Minds Quilpie Library	27
30 9:00 am Aqua with Bec Quilpie Pool	31 2:00pm Stay Smart Online Library	<p>All enquiries to Michelle Donohue, Health Promotions Officer Phone: 4656 0500 Mobile: 0427 243 055</p> <p>“May your home always be too small to hold all your friends.” – Irish Blessing</p>		