

South West Queensland  
Primary Care Pilot

# Health Service Directory- Quilpie

## Consumers Edition

For enquiries or to provide updated service information, please email the Community Service Coordinator,  
[kerrieb@quilpie.qld.gov.au](mailto:kerrieb@quilpie.qld.gov.au)



**A comprehensive directory of local & visiting health services providing outreach care in the Quilpie Shire Council region.**

- **Primary Health Care Services**
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## Primary Health Care Services

Health Service	Location For Service Delivery	Service description	Frequency	Referral	Contact	NDIS Provider
<b>Child &amp; Family Health. Clinical Nurse</b>  Charleville Primary Community Care SWHHS	Quilpie, Eromanga, Adavale  Flexible, Home Visits, Quilpie MPHS, can do group clinics at Adavale & Eromanga for 4 or more at a time. Tele Health, Phone Calls	0-18 hearing and health checks, Midwife, Health Promotion, Workshops, lactation Consultant, continence support, Delayed Developmental screening and intervention, Referrals.	Monthly 2-3 Days depending on demand	No Referral Required	Quilpie MPHS (07) 4656 0100 SWHHS- <a href="mailto:Quilpie_Admin@health.qld.gov.au">Quilpie_Admin@health.qld.gov.au</a>	Will Support with Coordination of Care
<b>CWAATSICH- Quilpie (Charleville &amp; Western Areas Aboriginal &amp; Torres Strait Islanders Community Health</b>	CWAATSICH Quilpie	Monthly GP appointments, patient transport, Mental Health Support, visiting optometrist, visiting allied health services, Social & Emotional wellbeing program delivery	Monday-Friday (Hours Vary)	Self-Referral. Some services are available to the whole community, other services are specifically for ATSI patients-Check when making an appointment.	(07) 4656 1391 49 Brolga Street	N/A
<b>General Practitioner</b>	Quilpie Medical Practice	GP appointments, Specialist referrals, tests, screenings, visiting specialists. Bulk Billed	Permanent GP-2 weeks on-2 weeks off. Locum GP available for alternate weeks. Practice nurse 5 days per week	Self-Referral	(07) 4656 1158 <a href="mailto:Quilpie_Medical_Practice@health.qld.gov.au">Quilpie_Medical_Practice@health.qld.gov.au</a>	N/A

Health Service	Location For Service Delivery	Service description	Frequency	Referral	Contact	NDIS Provider
<b>General Practitioner,</b> Visiting from Charleville	CWAATSICH, Quilpie	General Practitioner for ATSI patients	1.5 Days per month	ATSI patients only Self-Referral	Quilpie CWAATSICH on (07) 4656 1391	N/A
Rural doctors Foundation <b>(GPs for health practitioners)</b>	Quilpie Medical Practice/Hospital	Visiting GP clinic for all health practitioners conducting general health checks, tests, referrals	Pilot Program-TBA	Self-referral	(07) 3039 0011 info@rdf.org.au	N/A
<b>Nurse Practitioner</b>	Quilpie Medical Practice	General appointments, scripts, tests & screenings. Bulk Billed	5 days per week	Self-referral	(07) 4656 1158 <a href="mailto:Quilpie_Medical_Practice@health.qld.gov.au">Quilpie_Medical_Practice@health.qld.gov.au</a>	N/A
<b>Quilpie Hospital-</b> Accident and Emergency	Multi-Purpose Health Service- Accident and emergency SWHHS	Hospital, Accident & emergency, Ambulance, community and allied health services, home & community care support, for Quilpie surrounding areas	24/7 hospital and emergency. Community care 5-7 days per week, various allied health visits. Ambulance 24/7	Self-referral for hospital presentations. GP referral for visiting allied health services.	(07) 4656 0100 SWHHS- <a href="mailto:Quilpie_Admin@health.qld.gov.au">Quilpie_Admin@health.qld.gov.au</a>	N/A
<b>RFDS GP clinic</b>	Eromanga	GP: Dr Katie Chang (Acacia Country Practice) General appointments, Referrals, Scripts, Ob's, skin checks	Every 3 months	Self-Referral, GP, Nurse	RFDS Administration (07) 4654 1233	N/A

Health Service	Location For Service Delivery	Service description	Frequency	Referral	Contact	NDIS Provider
Registered Nurse & <b>GP – Women’s Health</b> Provider: True Relationships & Reproductive Health ( <i>CheckUP</i> )	Quilpie Medical Practice	Reproductive and sexual health clinic, Clinical education, Relationships and sexuality education, Sexual assault support and counselling	8 clinic days / year (service Quilpie 4x Times per year) see True Relationships Website for clinic dates	Self-Referral or GP	Phone 0437300226  Or Quilpie Medical Practice on (07) 4656 1158	N/A

## Specialist Services

Health Service	Location where service is delivered	Service description	Frequency	Referral	Contact	NDIS Provider
<b>Bone Bus</b>	Quilpie Medical Practice	Bone Density scanning, tests, recommendations, and referrals	Annually	For people over 70, certain medical conditions, see GP/Nurse Practitioner for eligibility and referral	Phone Quilpie Medical Practice for appointments (07) 4656 1158.	Yes
<b>Cardiology, Respiratory and sleep. Heart Of Australia, Bus</b>	Heart Bus, Quilpie	Cardiology services New and review face-to-face cardiology consultations. ECGs Transthoracic echocardiograms Stress echocardiograms.	Visit Quarterly, 4 times per year.  See Heart of Australia Timetable on like below <a href="https://heartofaustralia.com.au/timetable/">https://heartofaustralia.com.au/timetable/</a> or contact Quilpie Medical Practice for upcoming visit.	GP referral via: Medical Objects or fax (07 3077 7153 see website for referral form. <a href="https://heartofaustralia.com.au/referral-form/">https://heartofaustralia.com.au/referral-form/</a>	reception@heartofaustralia.com Ph: (07) 3162 5310 Quilpie Medical Practice (07) 4656 1158	Yes

Health Service	Location where service is delivered	Service description	Frequency	Referral	Contact	NDIS Provider
		<p>Exercise stress tests. Overnight blood pressure monitors Overnight halter monitors 7-day halter monitors PTO&gt;&gt;</p> <p>Sleep and respiratory services. New and review sleep telehealth consultations Sleep studies (level 2) CPAP trials (after sleep study) Complex lung function tests</p>				
Adult <b>Dental</b> and Child dental from ages 4 and up SWHHS	Quilpie MPHS	Dental Free to concession card holders and children on Medicare Child dental scheme	Every Second Month	No referral required	Bookings & Information Ph: 1300 215 659 or Ph: Roma Hospital (07) 4621 2280 <a href="mailto:SWHHS-Dental-Admin@health.qld.gov.au">SWHHS-Dental-Admin@health.qld.gov.au</a>	No

Health Service	Location where service is delivered	Service description	Frequency	Referral	Contact	NDIS Provider
<b>Optometry</b> ( <i>CheckUP</i> ) Provider: Michael Young	CWAATSICH, Quilpie Can visit schools upon request.	Optometry, eye tests, glasses, referral	10 Clinic Days / year	All welcome to book appointment. No Referral required	mhyoung@ozemail.com.au 1800-122-006 Phone Quilpie CWAATSICH (07) 4656 1391	Yes
<b>School Dental</b>	Quilpie state College, St Finbars	Dental check-ups, oral hygiene education, fillings, cleans and referrals for school aged children. Free for children in Medicare dental scheme with funds remaining.	Bi-Annually	Roma SWHHS Dental service will contact child's guardian for appointments for upcoming clinics	Bookings & Information Ph: 1300 215 659 or (07) 4621 2280 <a href="mailto:SWHHS-Dental-Admin@health.qld.gov.au">SWHHS-Dental-Admin@health.qld.gov.au</a>	N/A
General Practitioner – <b>Skin Check &amp; skin cancer Clinic</b> )	Quilpie Medical Practice	Skin Checks & Skin Cancer Clinic	1 visit / year (approx. 5 days each visit) see link for schedule below <a href="http://sunwiseclinics.com.au/clinic-list-and-timetables-.html">sunwiseclinics.com.au/clinic-list-and-timetables-.html</a> (Extended wait times may apply, see Charleville schedule for other clinic dates)	GP Referral or Inquire at Quilpie Medical Practice reception.	Quilpie Medical Practice for appointments (07) 4656 1158  Charleville Health Clinic (07) 4621 2100	N/A

Health Service	Location where service is delivered	Service description	Frequency	Referral	Contact	NDIS Provider
Queensland <b>Spinal Cord Injuries Service</b> (QSCIS)	Patients Preferred location, Home, Quilpie Hospital etc	Spinal Outreach Team Provides: Medical, Nursing, Physiotherapy, Social Work, Occupational Therapy, Psychology, Nutrition and Dietetics, Speech Pathology	Upon Request when spinal patient presents	GP, relevant specialist	Spinal Outreach Team (SPOT) Ph: (07) 3176 5789  <a href="mailto:spinal_injuries_unit_OPD_admin@health.qld.gov.au">spinal_injuries_unit_OPD_admin@health.qld.gov.au</a>	N/A

## Allied Health and Nursing Services

Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
<b>Hearing &amp; Vision screening</b> Prep-Grade 6  Child Health Nurse	Quilpie State College & St Finbars Catholic School	Early years vision and hearing screening. Optometry & Audiologist referrals if issues identified.	Annually-Once Per Year- Generally in Term 1	School aged Children between years Prep & 6 will be automatically notified. Parents receive consent forms from school prior to Screening days.	referral_roma@health.qld.gov.au Roma Hospital Ph: (07) 4624 2700	No

Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
<b>Cancer and Palliative Care Nurse</b> SWHHS	Quilpie MPHS	Provides health care to terminal patients, information and end of life planning and support	As required	GP or Nurse Practitioner	Phone Quilpie Hospital (07) 4656 0100  <u>SWHHS- Quilpie_Admin@health.qld.gov.au</u>	No
<b>Cardiac Nurse</b> SWHHS	Quilpie MPHS	Patient education regarding cardiac issues, guidance on lifestyle modifications, monitoring vital signs, liaise with GP and Specialist	Every 4 weeks	GP OR Nurse Practitioner	Phone Quilpie Hospital (07) 4656 0100  <u>SWHHS- Quilpie_Admin@health.qld.gov.au</u>	No
<b>Chronic Disease Nurse</b> CNC SWHHS	Quilpie MPHS	Manage patients with chronic disease, liaise with GP, specialists, GP management planning, Allied health referrals.	Every 4 weeks for 2 days	GP OR Nurse Practitioner	Phone Quilpie Hospital (07) 4656 0100  <u>SWHHS- Quilpie_Admin@health.qld.gov.au</u>	No
<b>Community Nurse-</b> SWHHS	Quilpie Hospital and private residence, Adavale, Eromanga	Provides Home care, wound dressings, medication assistance, continence Management, Aged care CHSP referrals and support.	5 Days per week	GP or self-referred	Quilpie Hospital (07) 4656 0100  <u>SWHHS- Quilpie_Admin@health.qld.gov.au</u>	No



Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
<b>Diabetes educator</b> (credentialed)	CWAATSICH, Quilpie	Provide and manage Diabetes education programs to individuals, families.	Visits quarterly	ATSI patients and non ATSI. GP referral Self-referral	Phone Quilpie CWAATSICH (07) 4654 3277  reception@cwaatsich.org.au Website: <a href="https://cwaatsich.org.au/">https://cwaatsich.org.au/</a>	TBA
<b>Diabetes Educator</b> SWHHS	Quilpie MPHS	Provide and manage Diabetes education programs to individuals, families.	Monthly	GP, Nurse Practitioner, Clinic Nurse, Community Nurse	Phone Quilpie hospital. (07) 4656 0100  <u>SWHHS-</u> <u>Quilpie_Admin@health.qld.gov.au</u>	No
<b>Dietitian</b> Provider: Institute for Urban Indigenous Health	CWAATCICH, Quilpie	Dietary and nutrition advice for people with specific dietary requirements/restrictions, maintain healthy lifestyle and weight. ATSI Patients only	Visits Quarterly	GP referral Self-referral	Phone Quilpie CWAATSICH (07) 4654 3277  reception@cwaatsich.org.au  Website: <a href="https://cwaatsich.org.au/">https://cwaatsich.org.au/</a>	TBA
<b>Dietitian</b> SWHHS	Quilpie MPHS	Dietary and nutrition advice for people with specific dietary requirements/restrictions, maintain healthy lifestyle and weight.	Every 4 weeks or telehealth	GP, Nurse Practitioner, Clinic Nurse, Community Nurse	Phone Quilpie hospital. (07) 4656 0100  <u>SWHHS-</u> <u>Quilpie_Admin@health.qld.gov.au</u>	No
<b>Exercise Physiology</b> Provider: Fly 2 Health	Visits Quilpie State College, private address	study of the acute responses and chronic adaptations to exercise.	Fortnightly	Self or GP Referral, see below link to referral form. <a href="https://linktr.ee/fly2health">https://linktr.ee/fly2health</a>	Phone Fly to Health 1300 163 665  Email: hello@fly2health.com.au	Yes

Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
<b>Exercise Physiology</b> Provider: Vital Health (CheckUP)	Nutrien Ag Consultation room, Quilpie	specialise in clinical exercise interventions for people with a broad range of health issues.	Fortnightly	GP Referral, access 2 sessions prior to referral	Phone Vital Health (07) 3556 9455  charlevillereception@vitalhealtqld.com.au	Yes
<b>Charleville Nurse Navigator</b> SWHHS	Quilpie MPHS	Education about health conditions, appointments and referral support, provides health care resources, testing and treatment, liaise with physicians, patient advocacy.	As required – at least monthly	GP, Nurse Practitioner, Clinic Nurse, Community Nurse self-referral	Phone Charleville Hospital (07) 4621 2213  <u>SWHHS-</u> <u>Quilpie_Admin@health.qld.gov.au</u>  Or phone Quilpie Hospital: (07) 4656 0100	No
<b>Occupational Therapy</b> Provider: Fly 2 Health	Visits schools, private address	Evaluate and treat patients with injuries, illness, disability. Assist patient to recover, improve, meet daily task goals, maintain skills for daily living, education and working.	Fortnightly	Self or GP Referral, see below link to referral form. <a href="https://linktr.ee/fly2health">https://linktr.ee/fly2health</a>	Phone Fly to Health 1300 163 665  Email: <a href="mailto:hello@fly2health.com.au">hello@fly2health.com.au</a>	Yes
<b>Occupational Therapist- Home assessments</b> SWHHS	Consumers Home	Assess Consumers home to determine what medical equipment or modifications need to be made to the home to enable appropriate and safe access.	As required	Community Nurse, GP	Charleville Hospital (07) 4621 2234	No

Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
<b>Occupational Therapy</b> Roma SWHHS	Quilpie MPHS	Management and prevention of chronic disease	Every 4 weeks	GP, Nurse Practitioner, Clinic Nurse, Community Nurse	Phone Quilpie hospital. (07) 4656 0100 <a href="mailto:SWHHS-Quilpie_Admin@health.qld.gov.au">SWHHS-Quilpie_Admin@health.qld.gov.au</a>	No
<b>Occupational Therapy (CheckUp)</b> Provider: Vital Health	Nutrien Ag Consultation room Quilpie, schools	Evaluate and treat patients with injuries, illness, disability. Assist patient to recover, improve, meet daily task goals, maintain skills for daily living, education and working.	TBA	GP, practitioner, Community Nurse referral	Phone Vital Health (07) 3556 9455  <a href="mailto:charlevillereception@vitalhealthqld.com.au">charlevillereception@vitalhealthqld.com.au</a>	Yes
<b>Physiotherapy</b> Western QLD Keegan Simpson	Clients residential address	Assist patient to recover from injury, reduce pain and stiffness, increase mobility and movement, and maximise function.	Comes fortnightly and will consider Tele Health after initial appointment	GP referral OR No referral if using private health	Phone Keegan Simpson 0429 886 319  <a href="mailto:admin@westernqldphysio.com.au">admin@westernqldphysio.com.au</a>	Yes
<b>Physiotherapy (CheckUP)</b> Provider: Vital Health	Nutrien Ag Consultation room, Quilpie	Assist patient to recover from injury, reduce pain and stiffness, increase mobility and movement and maximise function!	Fortnightly	GP Referral, access 2 sessions prior to referral	Phone Vital Health (07) 3556 9455  <a href="mailto:charlevillereception@vitalhealthqld.com.au">charlevillereception@vitalhealthqld.com.au</a>	Yes

Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
<b>Physiotherapy</b> SWHHS	Quilpie MPHS	Assist patient to recover from injury, reduce pain and stiffness, increase mobility and movement and maximise function!	Every 2 weeks for 2 days	GP, Nurse Practitioner, Clinic Nurse, Community Nurse	Phone Quilpie hospital. (07) 4656 0100  <u>SWHHS- Quilpie_Admin@health.qld.gov.au</u>	No
<b>Podiatrist</b> SWHHS	Quilpie MPHS	Foot and ankle health, specialise in conditions associated with foot and ankle health, wound care and prevention, nail trimming, specialised shoe fittings.	Every 4 weeks for 2 days	GP, Nurse Practitioner, Clinic Nurse, Community Nurse	Phone Quilpie hospital. (07) 4656 0100  <u>SWHHS- Quilpie_Admin@health.qld.gov.au</u>	No
<b>Podiatrist</b>	CWAATSICH, Quilpie	ATSI patients only.	TBA	GP referral Self-referral	Phone Megan McFadzean at Quilpie CWAATSICH on (07) 4654 3277  Email: <a href="mailto:reception@cwaatsich.org.au">reception@cwaatsich.org.au</a>  Website: <a href="https://cwaatsich.org.au/">https://cwaatsich.org.au/</a>	TBA
Mobile <b>Sexual Health</b> and Women's Health Nurse Practitioner	Quilpie Hospital	Provide information, testing, advice, and counselling about sexual health, std's and management. Cervical screening and Cancer prevention.	Every 3-4 months for 2 days	GP, Nurse Practitioner, Clinic Nurse, Community Nurse	Phone Quilpie hospital. (07) 4656 0100  <u>SWHHS- Quilpie_Admin@health.qld.gov.au</u>	No

Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
<b>School Youth Health Nurse</b> SWHHS	Quilpie State College, St Finbars School	supports students at <b>school</b> with their health care needs. We also help students, and their families find other health services they need.	As required	Self-Refer/School Referral	Phone Quilpie hospital. (07) 4656 0100  <u><a href="mailto:SWHHS-Quilpie_Admin@health.qld.gov.au">SWHHS- Quilpie_Admin@health.qld.gov.au</a></u>	N/A
<b>Speech Pathology</b> SWHHS	Quilpie MPHS	providing clinical care and treating people with swallowing and feeding difficulties. speech, language and other communication difficulties	Every 4 weeks	GP, Nurse Practitioner, Clinic Nurse, Community Nurse	Phone Quilpie hospital. (07) 4656 0100  <u><a href="mailto:SWHHS-Quilpie_Admin@health.qld.gov.au">SWHHS- Quilpie_Admin@health.qld.gov.au</a></u>	No
<b>Speech Pathology</b> Provider: Vital Health ( <i>CheckUP</i> )	Nutrien Ag Consultation room Quilpie, Schools	providing clinical care and treating people with swallowing and feeding difficulties. speech, language and other communication difficulties	16.5 Clinic Days / Year	Self-Referral	Phone Vital Health (07) 3556 9455  <u><a href="mailto:charlevillereception@vitalhealthqld.com.au">charlevillereception@vitalhealthqld.com.au</a></u>	Yes
<b>Speech Pathologist</b> Provider: Fly 2 Health	Visits schools, private address	Treatment for swallowing and feeding difficulties, speech, language and other communication difficulties	Fortnightly	Self or GP Referral, see below link to referral form. <a href="https://linktr.ee/fly2health">https://linktr.ee/fly2health</a>	Phone Fly 2 Health 1300 163 665  <a href="mailto:hello@fly2health.com.au">hello@fly2health.com.au</a>	Yes

## National Disability Insurance Scheme, Direct Services

Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
<b>Community Navigator</b> for Catholic Care Services with <b>Psychosocial</b> wrap around supports for Wellbeing. (WQPHN website)	Phone/Video Conference	-Social Skills & Friendships -Family Connections -Managing daily living Needs -Maintaining a home -Education and Employment skills and training goals -Maintaining Physical Wellbeing including exercise	By appointment	-Referral from GP with Mental Health Treatment Plan <b>-Or Self-Referral</b> via Head to Health -16 years and over -Not currently receiving NDIS Support	Phone Catholic Care 1300 477 433  Email: enquiries@catholiccare.services  Website: https://www.catholiccare.services/	Yes
<b>Disability Service Provider-</b> Artan Care	Phone/Face to Face at client's home	Social and Recreational, Domestic Cleaning, Yard maintenance services	24-hour support, 7 days per week	NDIS referral	Phone Artan Care (07) 4654 2472  Email: admin@artancare.com.au	Yes
<b>Social Worker</b> Amos Saggars Brisbane	Visit NDIS Participants Homes Monthly	Support for NDIS Participants and family	Mon-Fri 8am-5pm	NDIS or Support Coordinator Referral	Phone Amos Saggars 0477 446 923 Email: amos.saggars@gmail.com	Yes
<b>NDIS Support Coordinator:</b> Chris Houghton (Quilpie Shire Council)	Quilpie Shire Council Admin Office	Assisting recipients to access NDIS services, manage service supports and ensuring that clients receive appropriate and consistent service delivery.	Monday-Friday 8am-5pm	GP/Self referred if NDIS client or Potential NDIS client	Phone Quilpie Shire Council (07) 4656 0544  Phone Chris 0436 816 827 Email: chrish@quilpie.qld.gov.au	Yes

Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
Big Dream Supports. <b>Support Coordination.</b> Charleville	NDIS Quilpie Council Office or Participant home every 6 weeks	Support for NDIS Participants and their families	Mon-Fri, 8am-5pm	NDIS Referral	Phone Davida 0435 341 093 Email: <a href="mailto:davida@dreambss.com.au">davida@dreambss.com.au</a>  Phone Charmaine 0431052607 Email: <a href="mailto:charmaine@dreambss.com.au">charmaine@dreambss.com.au</a>	Yes
<b>Support Coordinator</b> Quality Connections Toowoomba	Teams Meeting or Phone	Support for NDIS Clients	Monday-Friday 8am-5pm	NDIS Referral	Phone Stacey Fink 0493 681883  Email: <a href="mailto:stacey.fink@qualityconnections.com.au">stacey.fink@qualityconnections.com.au</a>	Yes
<b>Support Coordinator</b> Provider: No Limits	Teams Meeting, Telephone	Support for NDIS Participants and Families	Mon-Thurs 8.30am-4.30	NDIS Referral	Phone No Limits 1300 001 058  Email: <a href="mailto:supportscoordination@ifys.com.au">supportscordination@ifys.com.au</a>	Yes

## Mental Health Services

Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
<b>AOD, Mental Health &amp; Worker/Psych assistant</b> SWHHS	Quilpie MPHS	Support patients to link in with mental health services, AOD and Psychology services	Every Thursday	GP, Nurse, Nurse practitioner	Phone Quilpie hospital. (07) 4656 0100 Email: <a href="mailto:SWHHS-Quilpie_Admin@health.qld.gov.au">SWHHS-Quilpie_Admin@health.qld.gov.au</a> Email: <a href="mailto:swhhs-mhaodss@health.qld.gov.au">swhhs-mhaodss@health.qld.gov.au</a>	N/A
<b>Counselling</b> My Connection My Way. Lifeline Darling Downs & SW Qld	Face To Face Phone/Video Conference	Up to 6 sessions of Cognitive Behavioural Therapy	By appointment	Self-referral or GP referral (no Mental Health Treatment Plan required)	Phone Lifeline 1300 991 443 Email: <a href="https://www.lifelinedarlingdowns.org.au/">https://www.lifelinedarlingdowns.org.au/</a>	N/A
<b>Counselling</b> New Access Program – Teleservice Provider: Lives, Lived Well (WQPHN website)	available by phone and/or web-based video or audio apps.	Free 6 session, Low intensity mental health coaching and Cognitive Behavioural Therapy CBT)	available by phone and/or web-based video or audio apps.	Referral can be made in person, over the phone or using online contact form. no MHTP required	Phone Lives, Live Well 1300 971 309 Email: <a href="mailto:info@liveslivedwell.org.au">info@liveslivedwell.org.au</a> Website: <a href="https://www.liveslivedwell.org.au/">https://www.liveslivedwell.org.au/</a>	N/A
<b>Mental Health Community Connector-SW QLD</b>	Roma-Based at Headspace. outreach to Quilpie and SW QLD upon request	linking consumers with appropriate Mental health care in region	Phone, video conference F2F when requested	Self-referral/GP, Nurse	Phone Roma-Headspace (07) 4523 6262 Email: <a href="mailto:Headspace.roma@rhealth.com.au">Headspace.roma@rhealth.com.au</a>	NA



Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
Lifeline Darling Downs & SW QLD Various <b>DV &amp; Mental Health &amp; Support Programs</b> Charleville	Quilpie, client's home, Phone, video link  Based in Charleville & Cunnamulla	-My Connections My Way, CBT therapy -Domestic & family Violence Practitioners -Family & Child Connect Facilitator -Family Intervention Services -Growing Connections, Childrens Contact Service -Rural Family Counsellor (Families with children 0-18) -Changing Lanes (10y and up)	When required	Self-Referral, GP or Community Nurse Online Referrals: <a href="https://www.lifelinedarlingdowns.org.au/make-a-referral">https://www.lifelinedarlingdowns.org.au/make-a-referral</a>  Family and Child Connect referrals (FaCC) <a href="https://www.familychildconnect.org.au">https://www.familychildconnect.org.au</a>  Or email referrals to: lifeline@lifelinedarlingdowns.org.au	Phone the Charleville & Cunnamulla Team 1300 991 443 Or (07) 4688 3735	N/A
<b>Psychologist and Counsellor.</b> Provider: Mind Science & My Health	Based in Charleville or Telehealth	Identify health and performance goals • Develop competence and confidence • Enable well-being via evidence-based therapies.	Telehealth-Determine Frequency after intake assessment	GP Referral and MHTP, see website for online triage form. Fees may apply, see website for funding options	Mind Science & My Health Ph: 07 4638 8464 Fax: 07 7520 8884  Email: <a href="mailto:reception@msmh.com.au">reception@msmh.com.au</a>	Yes
Provisional <b>Psychologist</b> SWHHS	Quilpie MPHS	Support mental health, perceptual, cognitive, emotional, and social processes, and behaviour. Patient education & self help tools.	As required or telehealth	GP OR Nurse Practitioner	Phone Quilpie hospital. (07) 4656 0100  <u>SWHHS- Quilpie_Admin@health.qld.gov.au</u>	No

Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
<b>Psychologist</b> Provider: Wakai Waian Healing (CheckUP)	CWAATSICH, Quilpie	support individuals, families and groups of all ages, suffering from a broad range of mental health issues	Alternate face to face visits with telehealth monthly.	ATSI Patients only. GP referral with MHTP	Phone Wakai Waian Healing 1800 732 850 enquiries@wakai-waian.com.au  Website: <a href="https://www.wakai-waian.com.au/">https://www.wakai-waian.com.au/</a>	Yes
<b>Rural Family Counselling</b> Charleville-Lifeline Darling Downs & SW QLD Ltd	Face to Face at patients preferred location or over the Phone	Counselling and support to families with dependent children aged between 0 -18 years. Support can be provided for issues including grief and loss, social isolation, relationship problems and parenting.	When requested	Self-Refer, GP, Community Nurse	Phone Lifeline 1300 991 443  Email: <a href="https://www.lifelinedarlingdowns.org.au/">https://www.lifelinedarlingdowns.org.au/</a>	N/A
<b>Social Work</b> SWHHS	Quilpie MPHS	Support patients to make positive changes, refer to other services if required.	As required	GP, Nurse Practitioner, Clinic Nurse, Community Nurse	Phone Quilpie hospital. (07) 4656 0100  <u>SWHHS- Quilpie_Admin@health.qld.gov.au</u>	No

## Other Health Services

Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
My <b>Aged Care Packages-Blue Care SW QLD Quilpie Coordinator</b>	Face to face at client's home, Phone	Supporting eligible people entitled to receive aged care packages. Connecting with appropriate support services.	As required	Community Nurse, GP	Phone Riley Mole 0419 739 668	N/A
Charleville <b>ALO-Aboriginal and Torres Strait Islander Liaison Officer. SWHHS</b>	Quilpie MPHS	Southwest HHS. assists with follow up on ED presentations, Housing applications, referrals, Navigating the health system.	Visits Quilpie fortnightly, available in Charleville Mon-Friday	Self-referral	Phone Charleville hospital. (07) 4621 2200	N/A
Nukal Murra, <b>Chronic Disease Management, Social and Emotional Wellbeing Program</b> (WQPHN website)	CWAATSICH, Quilpie	Culturally and clinically integrated, chronic disease management, social and emotional well-being support service, within a person-centred stepped care approach. Support provided by brief interventions,	By appointment	ATSI patients only. Local AMS Self-referral Family/carer referral Allied health professional referral Stay Strong application used to map client's social and emotional wellbeing journey.	Phone Megan McFadzean at Quilpie CWAATSICH on (07) 4654 3277  Email: reception@cwaatsich.org.au  Website: <a href="https://cwaatsich.org.au/">https://cwaatsich.org.au/</a>	N/A

Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
		counselling, initiating and managing planned treatment options, consultation and referral to other agencies for crisis management.		No Mental Health Treatment Plan required.		
<b>Clinical Care Coordinator</b> Covering Charleville and Quilpie	Charleville CWAATSICH	provide clinical care coordination to consumers in the primary care setting, in partnership with General Practitioners, community and acute health care providers.	Shared Role across Charleville and Quilpie, frequency TBA	GP, Nurse Practitioner, Nurse Navigator	TBA	N/A
<b>Community Care Facilitator</b> TBA	TBA	work with consumers, as part of a multidisciplinary care team, to guide them on personalised services, information and supports to meet their needs.	TBA	TBA	TBA	N/A
<b>Community Service Coordinator:</b> Kerrie Bennett (Quilpie Shire Council)	Quilpie Shire Council Administration office	administrative project support for all primary and community health care service providers to make sure health and wellbeing services are coordinated.	Monday-Thursday 9am-1.30pm	Self-Referred	Phone Kerrie Bennett 0437 324 692  Email: <a href="mailto:kerrieb@quilpie.qld.gov.au">kerrieb@quilpie.qld.gov.au</a>	N/A

Health Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
<b>Charleville Lifeline-Domestic Violence Education and Awareness</b>	Quilpie-Location TBA, Phone Appointments	Supporting Domestic Violence clients with Education and Awareness	Monthly, by appointment	Self-Referral, GP, Nurse	Phone Charleville Lifeline. 1300 991 443	N/A
<b>Family Support Service-Charleville &amp; District Community Support Association Inc</b>	Face to Face, Over the phone	Support with parenting, Healthy relationships, Stress, Time Management, Household budgeting, Motivation, Goal Setting, Personal Development	Monthly	Self-Referral, GP, Nurse, Community Services Coordinator.	Email: familysupport@charleville.org.au	N/A
<b>Health Promotions Officer: Michelle Donohue (Quilpie Shire Council)</b>	Gyrica Gardens Multi-Purpose Centre, Community events	Assist individuals and community groups to improve their health by raising awareness of healthy lifestyles, disease and disability.	Monday-Friday 8am-5pm	Self-Referral	Phone Michelle Donohue 0427 243 055  Email: michelled@quilpie.qld.gov.au	N/A
<b>Patient Travel Subsidy Scheme PTSS</b>	Step 1: Visit Quilpie Medical Practice to collect forms.  Step 2: Visit Quilpie Hospital to lodge completed forms	Providing patients with travel assistance and accommodation subsidy to attend eligible medical appointments more than 50km away	Monday-Friday 9am-5pm	Self-referral, see GP and Quilpie Medical Practice administration desk for paperwork, once completed by all parties, patient to lodge completed forms at Quilpie Hospital.	Phone Quilpie Medical Practice (07) 4656 1158  Email: <a href="mailto:Quilpie_Medical_Practice@health.qld.gov.au">Quilpie_Medical_Practice@health.qld.gov.au</a>  Quilpie Hospital (07) 4656 0100 Email: <a href="mailto:SWHHS-Quilpie_Admin@health.qld.gov.au">SWHHS-Quilpie_Admin@health.qld.gov.au</a>	N/A

## Social & Emotional Wellbeing Services

Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
<b>CWA-Country Women's Association</b>	Quilpie CWA Hall Brolga St.	Getting involved in projects, campaigning on issues or becoming part of an interest group, Quilpie CWA Branch offers a diverse range of opportunities.	See Quilpie Shire Community Facebook Page for updates	All Women Welcome	"QCWA Quilpie Branch" Facebook page on Messenger	N/A
<b>Healthy Lifestyle Support</b> Healthy Communities SWHHS	TBA	Nutrition, First foods & Antenatal, Physical activity, Early years support, Health Promotion strategies & Education, 1:1 EP and Dietetic consultations, Wider public relations and marketing	TBA	TBA	Phone Healthy Communities (07) 4505 1565 Email: <a href="mailto:swhhs-healthy-communities@health.qld.gov.au">swhhs-healthy-communities@health.qld.gov.au</a>	No
<b>Library</b> (Hosts multiple events & Activities)	Quilpie Library, Brolga Street	-Borrowing Books, DVD's, Magazines, Audio books. -Digital literacy classes -Various online classes and workshops -Internet and printing access -Craft corner -First 5 Forever Program	Various programs all year round. See Quilpie Shire Council & Quilpie Shire Community FB page or contact Library for more info	All Welcome	Phone Quilpie Library (07) 4656 0550. Email: <a href="mailto:library@quilpie.qld.gov.au">library@quilpie.qld.gov.au</a>	N/A

Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
		-School holiday children's activities - Book Club -Wriggle and Rhyme -Coding Club -Various holiday events -Centrelink, Self-service Hub				
<b>Men's Group-</b> (Unofficial)	Killer's Shed 17 Jabiru Street, Quilpie	A place for men to gather, talk, have a cuppa and socialise	Various dates- See Quilpie Shire Council OR Quilpie Shire Community Facebook pages for updates.	All Men Welcome	Phone Michelle Donohue-Health Promotions Officer. 0427 243 055	N/A
<b>Mulga Mates</b> Kindergarten and Childcare Centre	Mulga Mates- Winchu Street, Quilpie	Early Childhood Education, Kindergarten and Childcare Centre	Kindy-Tuesday & Wednesday 8.30am-2.30pm. Childcare-5 Days Per week 8.30am-5.00pm. Fees apply for services.	No Referral, Enquire with Mulga Mates Centre, Sessions are pending availability.	Mulga Mates Centre Ph: (07) 4656 1263 Email: mulgamates@fgpmoreton.org	N/A
<b>Play Group</b> Remote Area Families Services, Uniting Care Charleville (RAFS)	Home Visits Park or Library	Early Childhood program designed to support children aged from Birth to 12 and families. Support parents' needs in relation to the early childhood development and education and play group.	TBA	No-All families welcome	Uniting Care Charleville Ph: (07) 4654 3890 Email: <a href="mailto:charleville.rafs@uccommunity.org.au">charleville.rafs@uccommunity.org.au</a>	No

Service	Organisation service is held	Service description	Frequency	Referral	Contact	NDIS Provider
<b>Pre-School Activity group GAME</b>	Quilpie State College	Fun and educational activities for Pre-school children aged 0-4	Every-Thursday morning during school terms.	All families with Children aged 0-4 welcome	Quilpie State College Ph: (07) 4656 0333	N/A
<b>Pre-School Activity group Mini Finnie's</b>	St Finbars School	Fun and educational activities for Pre-school children aged 0-4	Every-Friday morning during school terms.	All families with Children aged 0-4 welcome	St Finbars school Ph: (07) 4621 5200	N/A
<b>Quilpie Sport and Recreational Centre &amp; GYM</b>	Quilpie Gym & Tennis Courts, John Waugh Park, Lot 2 Chipu St, Quilpie	-Gym Facilities -Personal Trainer -Various Exercise classes for all fitness levels -Tennis Courts	Various Weekly sessions Gym available to members 24/7	All Welcome. Some Fitness Classes by appointment only, see Facebook page for details, booking link/info	Email: <a href="mailto:g.sportrec@gmail.com">g.sportrec@gmail.com</a> Quilpie Sport and Recreation Inc. Facebook group.	TBA
<b>Swimming Pool and Aquatics program</b> All About Aquatics	Quilpie Swimming Pool and Eromanga Swimming Pool	-Swimming Lessons. -Swimming pool access in warmer months, -Various Aqua Fitness sessions for all ages -Swim Club -Austswim -First Aid & CPR training	During Warmer Seasons	All Welcome	Phone All About Aquatics 0413 201 534 Website: <a href="http://Quilpieallaboutaquatics.com.au">Quilpieallaboutaquatics.com.au</a>	N/A