



COMMUNITY ACTIVITIES AND SENIORS PROGRAM

Michelle Donohue: Health Promotions Officer

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JULY 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 11:00am Wheelie Walk Gyrica Gardens	2 2:00pm Craft & Chat CWA Hall	3 9:00am Active Agers with Cameron Gym	4 2:00pm Scrabble CWA Hall	5	6	7
8 11:00am Wheelie Wiggle Walk Gyrica Gardens	9 2:00pm Craft & Chat CWA Hall	10 9:00am Active Agers with Cameron Gym	11 2:00pm Bingo CWA Hall	12	13	14
15 11:00am Wheelie Wiggle Walk Gyrica Gardens	16 2:00pm Craft & Chat CWA Hall	17 9:00am Active Agers with Cameron Gym	18 2:00pm Rummikub CWA Hall	19	20	21
22 11:00am Wheelie Wiggle Walk Gyrica Gardens	23 2:00pm Craft & Chat CWA Hall	24 9:00am Active Agers with Cameron Gym	25 2:00pm Mobile Phone Tips with Annie & Tracey Library	26 10:30am Men's Group MPC Gyrica Gardens	27	28
29 12:00pm Potluck Lunch Bring along your favourite Soup MPC Gyrica Grdns	30 10:00am Footcare MPC Gyrica Gardens	31 9:00am Active Agers with Cameron Gym				

NAIDOC WEEK Celebrations Sunday 7th July-Sunday 14th July