



COMMUNITY ACTIVITIES AND SENIORS PROGRAM

Michelle Donohue: Health Promotions Officer

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APRIL 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 EASTER MONDAY	2 2:00pm Craft & Chat CWA Hall	3 10:30am Tai Chi CWA Hall	4 2:00pm Healthy Minds MPC Gyrica Gardens	5	6	7
8 10:30am Chair Exercises CWA Hall	9 2:00pm Craft & Chat CWA Hall	10 Michelle Office MPC Gyrica Gardens	11 2:00pm Bingo CWA Hall	12	13	14
15 10:00am No Falls with Physiotherapist MPC Gyrica Gardens	16 2:00pm Webinar Scams Library	17 11:30am The Cubby Circus fun for the whole family Quilpie Shire Hall	18 9:00am Michelle & Annie Outreach Trip Eromanga	19	20	21
22 12:00pm Potluck Lunch Bring food starting with the letter P MPC Gyrica Gardens	23 2:00pm Decorating Foyer for Anzac Day Shire Hall	24 10:00am Wheelie Walker Wiggle Gyrica Gardens	25 ANZAC DAY	26	27	28
29 10:30am Men's Group MPC Gyrica Gardens	30 10:00am Footcare Morning MPC Gyrica Gardens					