



Our home, our communities, your Quilpie Shire Council

Your Outback Adventure

MAYOR'S MESSAGE

As 2022 draws to a close we should all pause and reflect on the men and women of our police force after the terrible, cold-blooded murder of two young police officers near Chinchilla recently. Our thoughts and condolences go to the family and friends of those killed and also to all our police right across the country.

To our local police, Brendan, Mark, Chris and Dan, thank you for what you do every day. This terrible incident has reminded us all of the inherent danger that goes hand in hand with policing and we are very appreciative of the critical role that you play in our community.

We will look back on 2022 as possibly our best season since 2010 although some of us had a good 2016 as well but not all the shire received above average rain that year. Across the whole shire this has been the best year for over ten years. In the agriculture sector, every so often – twenty or thirty years on average – all the variables line up so that a good season coincides with good commodity prices and reasonable stock numbers.

If you have all three at the same time it's good times! I think it is fair enough to say 2022 has been one of the good times.

The good seasons and high sheep and wool prices of the late 1980's were probably the last period as good as now. It never lasts but it sets you up for many years and there is no doubt that investment in and on properties has been very high over recent times.

Council has had another good year. We have had challenges with a shortage of staff at times through a lot of absenteeism because of covid and/or flu. Isn't it interesting how all the human ailments come back with a vengeance when you cocoon yourselves for a couple of years. It seems to me that constant exposure to our world's viruses and germs keeps our resistance up and it falls away quickly if we try and avoid that natural process. We have also had challenges replacing staff at times but that problem is widespread right across the country. We also struggle to source the replacement plant and supplies that our workforce requires as well so the result of these two situations tends to slow our program down. A lot of wet days in the last few months have also had an affect but no one is complaining!

Despite the challenges we have still completed most of what we were planning on achieving this year.

Quilpie Shire had an extremely successful night at the recent state tourism awards with the Quilpie Visitor Information Centre winning gold in the best VIC category and the Eromanga Natural History Museum winning bronze in the cultural tourism section. These are the state awards so we are up against the whole state of Queensland. It is the best results we have ever had so congratulations to all involved.

Outback Queensland won seven awards all up, two each going to Longreach, Winton and Quilpie shires. The other was won by the Outback Masters golf which is coming to Quilpie again next year. We are absolutely holding our own in the tourism space!!



MAYOR'S MESSAGE - cont

On that positive note I would like to wish everyone a wonderful festive season and hope you get to spend some quality time with friends and family or just having a break. Thank you to our council staff for keeping the shire ticking over as well as you do, to all our businesses across the shire for providing all the services and economic activity that our community relies on, and to the community generally who all contribute to create a place to live which is the equal of anywhere else in this country!

Kind regards,

Stuart Mackenzie

Mayor, Quilpie Shire Council



Quilpie Shire Council Values

Trust

Pride

Respect

Communication

Fun and Humour

Teamwork



Confirmed the date and times of Ordinary Meetings of Council for January to December 2023



PUBLIC NOTICE

Ordinary Meeting of Council Dates 2023

In accordance with the provisions of Section 254b(4) of the Local Government Regulation 2012, notice is hereby given of the dates when Ordinary Meetings of Council will be held in 2023.

Meetings are held in the Council Boardroom, 50 Brolga Street, Quilpie, generally commencing at 9.30am. Dates and times are subject to change, in which case a public notice will be issued.

Monday	16	January 2023
Tuesday	21	February 2023
Tuesday	21	March 2023
Tuesday	18	April 2023
Tuesday	16	May 2023
Tuesday	20	June 2023
Tuesday	18	July 2023
Tuesday	15	August 2023
Tuesday	19	September 2023
Tuesday	24	October 2023
Tuesday	21	November 2023
Tuesday	12	December 2023

1 November 2022

Justin Hancock

(07) 4656 0500

Chief Executive Officer

www.quilpie.qld.gov.au



If the weather forecasts are accurate, there is a lot more wet weather headed our way. Please take care when driving in the wet, and obey all road closure signs. It keeps you safe and looks after our valuable roads.



Keep up to date with all our news - Follow us on [facebook](#)

Your Councillors

Cr Stuart Mackenzie

Mayor

P: 4656 4771

M: 0429069314

E: mayor@quilpie.qld.gov.au

Cr Jenny Hewson

Deputy Mayor

P: 4656 1311

M: 0428 461 294

E: jhewson@quilpie.qld.gov.au

Cr Roger Volz

M: 0428 561 468

E: rvolz@quilpie.qld.gov.au

Cr Bruce Paulsen

P: 4656 1421

M: 0476 166 378

E: bpaulsen@quilpie.qld.gov.au

Cr Lyn Barnes

M: 0428 561 461

E: lbarnes@quilpie.qld.gov.au

Council Meeting Wrap Up



The Unconfirmed Minutes of the Ordinary Council Meeting held on Tuesday 13 December are available in full on Council's website: www.quilpie.qld.gov.au

- Council adopted the updated Grid Policy
- Request For Quote L10 22-23 for Supply and Delivery of one (1) 2022 Smooth Drum Vibrating Compactor was awarded to Hastings Deering for the amount of \$265,500.00 Ex GST, with disposal of Asset Plant 134 Ahmann Vibrating Compactor Roller to be made by auction.
- Request For Quote L11 22-23 for Supply and Delivery of one (1) 2022 Multi Tyred Roller was awarded to Hastings Deering for the amount of \$250,000.00 Ex GST, with disposal of Asset Plant 3200 Ahmann Multi Tyred Roller to be made by auction.
- Request For Quote M07 22-23 Supply and Delivery of one (1) 2022 12 Seater Commuter Bus was awarded to Black Toyota for the amount of \$69,484.37.00 Ex GST, with disposal of Asset Plant 43 - Toyota Hiace 12 Seater Commuter Bus to Black Toyota for the amount of \$11,818.18 Ex GST.
- Subject to funding approval and finalisation, Council awarded Request For Quote L09 22-23 Flood Restoration Works 2022 Package G to S C & K G Bowen for an amount of \$797,189.14 excluding GST.
- Sponsorship was provided to the Quilpie Hospital Auxiliary to purchase a gym membership for use by relieving Doctors, to the value of \$480, in alignment with Council's Medical Services Action Plan.
- Council resolved to adopt the revised Quilpie Shire Local Disaster Management Plan 2022 as tabled in accordance with the provisions of the Disaster Management Act 2003.
- Council approved an additional Council Contribution of \$2,080.00 to the 2022/23 RADF Funding Program to allow the approval of the following applications for the RADF Round 2, 2022/2023 Program:
 - Quilpie Cultural Society Maxine Thompson 2 Day pastel Workshop, \$1,269.00
 - Quilpie Cultural Society Alison Shaw – 2 Day Glass Workshop, \$845.00
 - ENHM The Amazing World of Slime Moulds, \$3,802.00Total \$5,916.00
- Council approved a request from the Quilpie Polocrosse Club for \$2,500 in-kind support for the provision of a grader and operator and the use of the tractor for the preparation of the polocrosse fields at Bulloo Park for the next season.
- Council did not allow the prompt payment discount on assessment 00815-00000-000, or write off any interest that had accrued, as a result of the rate payer missing the due date.
- Council agreed to support the South West Pub Choir event for 2023 for one hotel in Quilpie Shire to be included in the tour. The successful hotel is to be determined by Expression of Interest at a later date, once the itinerary is published.
- Council supported a 2022/2023 Business support grant program as presented in the agenda, with the program being announced in December 2022.
- Council resolved to issue a decision notice to the applicant approving the Development Application for a Material Change of Use and

Council Meeting Wrap Up (Cont)

- Operational Works for vegetation clearing to establish a Utility Installation (Waste Transfer Facility) on land situated at Cooper Developmental Road, Eromanga, properly described as Lot 6 on SP301979, subject to various conditions listed in the Agenda.
- Council delegated the Chief Executive Officer to issue a letter of endorsement for the provision of a liquor licence to the Eromanga Natural History Museum for on-premise consumption only.

- Council resolved to issue a decision notice to the applicant approving the Development Application for a Reconfiguration of a Lot (One (1) lot into two (2) lots) on land situated at 17 Bulnbuln Street, Quilpie formally described as Lot 1 on RP177507, subject to various conditions listed in the Agenda.



Mayor Stuart Mackenzie

- Pursuant to the Local Government Regulation 2012 S235(B), Council resolved to contribute \$277,000 Ex GST to NBN Co Limited for the Satellite to Fibre to the Premises project.
- Council resolved to accept the offer provided on 25 November 2022 for the purchase of Lot 114 Q6801 and to amend the 2022/2023 budget by \$50,000 (Ex GST); to allow for the purchase.



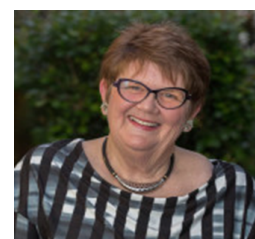
Deputy Mayor
Cr Jenny Hewson
Portfolios – Health and
Community Services



Cr Roger Volz
Portfolios – Arts,
Culture and Tourism



Cr Bruce Paulsen
Portfolios – Sport,
Recreation and Youth



Cr Lyn Barnes
Portfolio – Business
Development

'Tis the season to remember those who...

- Have lost a loved one
- Are struggling financially
- Have had a tough year
- Don't feel safe at home
- Are working through the holidays
- Are spending the holidays alone
- Have challenging family relationships
- Are unwell over the holidays
- Are experiencing stress

'Tis the season to be asking
RUOK?
Get tips at ruok.org.au

LOOK AFTER YOURSELF

<p>FAMILY</p> <ul style="list-style-type: none"> YARN WITH YOUR MOB CHILL WITH YOUR FRIENDS STAY INVOLVED WITH COMMUNITY, CULTURE AND FAMILY 	<p>PHYSICAL</p> <ul style="list-style-type: none"> TRY MOVING YOUR BODY AVOID DRUGS AND ALCOHOL EAT A GOOD FEED TAKE SOME TIME TO BREATHE LISTEN TO YOUR FAVOURITE MUSIC
<p>MENTAL/EMOTIONAL</p> <ul style="list-style-type: none"> TRY TO DO SOMETHING THAT MAKES YOU LAUGH OR SOMETHING CREATIVE WRITE DOWN HOW YOU'RE FEELING 	<p>SPIRITUAL</p> <ul style="list-style-type: none"> YOU COULD VISIT COUNTRY OR SOMEWHERE PEACEFUL TAKE SOME TIME TO GET OUT IN NATURE

QUEENSLAND HEALTH
COVID-19 ADVICE

The traffic light is
AMBER

WEAR A MASK:

- In healthcare settings
- Indoors, if you can't socially distance
- On public transport
- If you are older or medically at risk
- If you're around people vulnerable to COVID-19

ALWAYS

Stay home if you're sick
Keep up to date with your vaccinations
Take a Rapid Antigen Test (RAT) if you get COVID-19 symptoms
If you get COVID-19:

- Register your RAT result
- Stay home until you're well again
- Wear a mask for 7 days after your test
- Avoid visiting hospitals, aged care or disability care for 7 days after your test
- Ask household members to closely monitor for symptoms

Stay informed at
www.health.gov.au and www.qld.gov.au/covid19vaccine

Queensland Government



What are the 5 S's of Sun Safety?

<p>SLIP</p> <p>Slip on protective clothing like a long-sleeved shirt with a collar.</p>	<p>SLOP</p> <p>Slip on sunscreen that is SPF 30 or higher. Re-apply it every 2 hours.</p>	<p>SLAP</p> <p>Slap on a hat that is broad-brimmed and has closely woven fabric.</p>
<p>SEEK</p> <p>Seek shade from the sun. Use trees or things like a pop up tent or umbrella, as long as it casts a dark shadow.</p>	<p>SLIDE</p> <p>Slide on sunglasses. The best protection will happen if your sunnies are close fitting and wrap-around.</p>	



PUBLIC NOTICE

Quilpie Shire Council invites Expressions of Interest

For the provision of Bar at Bulloo Park
During Australia Day Celebrations

Friday 27 January 2023

Expressions of interest are invited for the provision of a
Community Bar
to be held during the Australia Day Celebrations at Bulloo
Park on Friday 27 January 2023.

The successful applicant will be responsible for the purchase
and service of liquor and the set up and clean-up of bar.

This event will operate from
5.00pm – 10.00pm

Expressions of Interest should be in writing marked
"2023 Australia Day Bar"
and returned to Quilpie Shire Council by
5.00pm Wednesday 11 January 2023

For further information please contact Council's Customer Service
Centre on (07) 4656 0500.

21 November 2022

Justin Hancock (07) 4656 0500
Chief Executive Officer www.quilpie.qld.gov.au



PUBLIC NOTICE

Quilpie Shire Council invites Expressions of Interest

For catering at Bulloo Park
During Australia Day Celebrations

Friday 27 January 2023

Expressions of interest are invited for the provision of a Community BBQ
to be held during the Australia Day Celebrations at Bulloo Park on
Friday 27 January 2023.

Expressions of Interest should include options similar to below:

- BBQ Steak/Steakettes/Sausages, Onions, Salads & Bread Rolls or
- Cold Meats, Salads & Bread Rolls

Catering is for approximately 180 people
(These are approximate numbers and may be subject to change)
The successful organisation will be paid accordingly.

Expressions of Interest should be in writing marked
"2023 Australia Day Catering"
and returned to Quilpie Shire Council Office by
COB Wednesday 11 January 2023.

For further information please contact Council's Customer Service
Centre on (07) 4656 0500.

21 November 2022

Justin Hancock (07) 4656 0500
Chief Executive Officer www.quilpie.qld.gov.au

Quilpie Butchery

Christmas Trading:

Close 5pm Friday 23rd Dec 2022

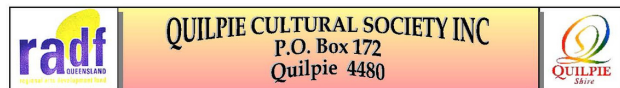
Reopen 8am Tuesday 3rd Jan 2023

Please place orders for:

Hams, pork, chicken, prawns and sausages

so you don't miss out!

Merry Christmas from the Quilpie Butchery Crew



RADF FUNDED WORKSHOP

PATCHWORK WORKSHOP – LOCAL TUTOR LOUISE HALL

'TRIPLE F - FUN, FABRIC, FINISH-2'

4 Day Workshop

FRIDAY 24, SATURDAY 25, SUNDAY 26, MONDAY 27 FEBRUARY, 2023

Do you have unfinished quilt tops???

Are you struggling with a patchwork project & need help???

Would you like help with an Applique project???

If you answer "YES" to any of these questions - this workshop is for you!!

Local tutor, Louise Hall is a skilled & creative teacher who has extensive
knowledge in all things "Patchwork & Quilting".

Encouraging & supporting local tutors is a wonderful achievement for our "Unique" Shire.

BOOKINGS ESSENTIAL FOR THIS WORKSHOP – Contact Jan McConnell 0428562083 for
booking into this workshop

Daily Workshop Fees –

- Members \$35.00
- Pensioner \$30.00
- Non-Member \$70.00

Membership Fees – \$50.00 per year

The Regional Arts Development Fund is a Queensland Government and Quilpie Shire Council
partnership to support local arts and culture.





PUBLIC NOTICE

Quilpie Shire Council AUSTRALIA DAY AWARDS 2023 NOMINATIONS

On **26 January 2023**, Australians all around the country will celebrate what's great about Australia. We would like you to help us celebrate what's great about our community by nominating someone you know for an **Australia Day Award**.

The **Quilpie Shire Council** Australia Day Awards will recognise members of our community who have made an outstanding contribution to the community throughout 2022

The Award categories open for nominations are:

- Citizen of the Year
- Young Citizen of the Year
- Community Group Award
- Certificates of Appreciation

Eligibility in Categories: All nominees must be a resident of **Quilpie Shire** at the time of nomination.

Selection Criteria: There are selection criteria included in the nomination form that are required to be considered when completing the nomination.

How to nominate:

Nomination forms are available at the Council Office or the Quilpie Shire Council Website www.quilpie.qld.gov.au Please complete this form and submit to Council by **5.00pm** on the closing date **Thursday 12 January, 2023**

Award Recipients

Award recipients will be announced at the ceremony during our **Australia Day** celebrations at Bulloo Park on **Friday 27 January 2023**, commencing at **5.00pm**.

Enquiries: Please contact Quilpie Shire Council
46560 0500

21 November 2022

Justin Hancock
Chief Executive Officer

(07) 4656 0500
www.quilpie.qld.gov.au





Adavale has had a face-lift this month with all the roads, shoulders and footpaths graded and maintenance grading carried out on the Quilpie-Adavale Road.



The town cleanups have been completed, with over 30 truck loads of waste taken to the tip:

Quilpie: 5 trucks general waste, 6 trucks furniture and pallets, 12 trucks green waste, 5 trucks of metals, 2 trucks of white goods, one large skip bin of demolition waste, 1 trailer, 8 cars (one donated to the fire brigade)

Eromanga: 2 trailers

Adavale: nothing put out or collected.



Ed Robinson

3 h · 🌐

All finished what a legend of a council



The Adavale Veterans Retreat were very happy with the work Council did to provide a pad for the installation of their two new dongas which will add to the facilities available for the enjoyment of the veterans and tourists who use the retreat.



Further improvements have been made to Bicentennial Park with painting and installation of lighting to allow parents and kids to enjoy the playground beyond sunset.

The recent Red Road project has consistently achieved compaction rates of 100% or above with no non-conformances for failed compaction tests. This is a reflection of the consistent work processes and quality achieved by the Road Works Team whilst working on this project in what has been a challenging time considering the amount of wet weather experienced throughout the project. As a result, the team has sealed an additional 1.3 km of roadway.



Council uses Facebook to update road conditions multiple times per day during flooding events. If you are not a Facebook user, you can still see the information without being a Facebook member. Just use your computer to search for

www.facebook.com/people/Quilpie-Shire-Council/100068665398397/

You can also see the state wide road conditions reports by clicking on the Emergency Event Dashboard on Council's web page www.quilpie.qld.gov.au

Be prepared for Disaster Season



Start a group chat with your friends



Enable Wi-Fi calling and SMS



Stop hitting 'skip' and back up your data

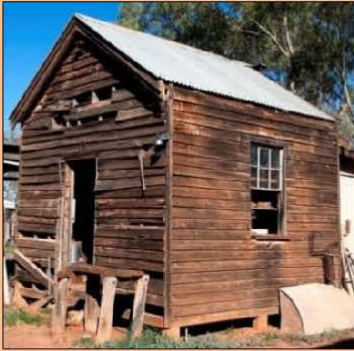


Dust off your printer and make a hard copy of your emergency contacts

Snippets of history from the Eromanga Police Station

Rob Savory

The Eromanga Police District covers 28,000 square kilometres



The first Police Station was built in the 1920s



The Police Cell was built in 1925



Today's Police Station was built in 1965



Insp. John Stuart opened the Eromanga Police Station in 1891.



Const. John Smith served at Eromanga 1912-1915. He then rose through the ranks to become Queensland Police Commissioner.



Const. Joseph Thompson served at the Eromanga Police Station in 1913-1914. He was then transferred to Bell Police Station. Like so many others he enlisted but sadly he was killed in action in France in 1916. Joseph Thompson is remembered each ANZAC Day by the Police in Bell. Also by the writer who has 'walked in his footsteps' in the Eromanga Police Paddock.



Willie Wilson - Eromanga's last, and highly respected, Police Tracker (1948 – 1959)

Once while shearing at Mount Margaret, there was an argument and one bloke stabbed another and then ran away. No one could tell where he went as it was a good season with lots of grass etc. They got Willie down there and he told Albert to "Stay behind me" and he took off following the tracks flat out. After a while he stopped and said to Albert "Look over that way". Albert found the knife where he pointed. Willie had seen where the bloke had turned his foot to throw it away.

This incident was recounted to Ross Pegler (Monler) many years ago by long-time Eromanga resident Albert Russell.



Brad and Casey Ziebell
mixing with the Community

In 2014, S/Const Brad Ziebell was called to a disturbance at the Eromanga pub. An opal miner had taken on too much booze and was abusing the locals. Bad mistake! Brad said. "You are leaving, NOW!" The miner then walked off up Webber Street, yelling abuse and bashing on buildings. Brad apprehended him. The opal miner then decided to fight for it and for some reason started taking off his shirt. Another bad mistake because he found himself rapidly handcuffed. Brad's subsequent investigations revealed that the opal miner was in fact mining illegally on Keeroongooloo. Also that he was driving a van with no seat belts. The man received a 4-month jail sentence for Public Nuisance, Obstructing Police and Trespass, a \$1000 fine for driving a vehicle with no seatbelts and a \$600 fine for illegal opal mining. Moral of this story: *Don't mess with locals in an outback pub.*



S/Const Miranda Broughton looked after the Eromanga Police District from 2015 to 2018. She famously booked the driver of this Audi S3 for travelling at **263 km/hr** along the Thargomindah - Noccundra road.



In 2019, London Metropolitan Police Officer Robert Dennis (aka Pommy Rob) spent a few days in Eromanga. He exchanged experiences with Eromanga's Officer-in-Charge, Tim Proud. They also exchanged headwear.



Over the years, Eromanga has definitely been a 'hardship post'



Residence for the Eromanga Police Officer ... and his wife (1894 - 1960s)

Excerpts from official letters written by Police Officers based in Eromanga

- 1915** "The flies are most cruel on horses' eyes, eating holes into them"
- 1929** "I beg to apply for a kettle for use at this station for preparing Trackers' and prisoners' meals. The last one supplied is now worn out and burned through."
- 1933** "Particular attention has been paid by me to prevent white ants entering the building and a weekly inspection of the stumps have been made."
- 1940** "I respectfully request that some effort be made to obtain a better supply of water for this Station and that it be done immediately as there is no other water supply in this town and no waterhole within 20 miles."
- 1959** "Eromanga is a very hot and windswept area."
- 1962** "The Constable's movements are extremely restricted as a result of his having neither horse nor vehicle conveyance."
- 1966** "The Willys Jeep is unserviceable and barely roadworthy."



Accidental Counsellor

Do you ever find yourself in a situation where you don't know what to say or how to respond?

Accidental Counselling will provide you with practical skills; whether you are talking to someone going through a difficult time, having relationship issues, not coping with life, or feeling helpless. This course will help you respond in a helpful and appropriate way.

This course will engage you with captivating videos, theories, and a 24-page workbook filled with practical information and exercises to consolidate your key learnings.

You will learn how to listen to someone in distress, assist them to identify their strengths, self regulate, identify potential options and engage in help seeking behaviour if needed. You will discover how to re-frame their thinking to give them a different perspective on something that previously painted a negative picture.

Topics covered include:

- Basic counselling skills
- How to become a good listener
- Resolving emotional situations
- Know your own triggers
- How not to take things personally
- Recognising common communication blockers and how to overcome them
- How to handle difficult callers or conversations
- An overview on mental illness and mental well-being
- Recognising suicidal thoughts and how to talk about that
- The importance of self-care
- How to implement appropriate boundaries
- The power of Mindfulness

Normally ~~\$275~~

Funded by TRACC
you only pay

\$40 + GST

Includes: 24 page theory/workbook, and certificate
Date/Time: 6th & 7th December 9am-12:30pm
Presentation: Virtual presentation via Zoom
Registration: <https://www.suicideprograms.com.au/available-workshops/>
Enquiries: Phone: 0433 121 999

14th November – 3rd December 2022

This timetable is subject to change and members will be notified as soon as possible should this occur.

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30 – 7:00am	Axis 8 WEXER			Les Mills Body Balance 90 Flexibility WEXER	Les Mills Body Pump 121 Strength WEXER
12:30-1:00pm			SCULT: Booty Arms and Abs WEXER	30 Minute HIIT Aerobics WEXER	Les Mills Sh'Bam 44 Dance Cardio WEXER
5:30 – 6:30pm	Les Mills Sh'Bam 42 Dance Cardio WEXER	Functional Fitness Cam	BoxHIIT 30 Full Body WEXER	War 19 WEXER	Les Mills Core 46 Core Workout WEXER

Members are welcome to use the virtual classes when the group fitness room is not in use.

PUBLIC NOTICE

OFFICE CLOSURES – Christmas 2022

Residents are advised that Council offices will be closing over the Christmas Holidays from close of business Friday 16 December 2022 and resuming Tuesday 3 January 2023

After hours contacts are:

General: Justin Hancock Phone: 0448 816 827

Roads/Works/Floods: Peter See Phone: 0452 387 617

Water and Sewerage: Phone: 0427561198

Local Laws/Animal Control Phone: 0419 172 722

Garbage collections and the tip operations will continue, as normal except for closure on 25 December, 2022

IX232188

6 December 2022

Justin Hancock
Chief Executive Officer

(07) 4656 0500
www.quilpie.qld.gov.au



CLASS DESCRIPTIONS

QSR TRAINERS

Functional Fitness – Functional fitness is something that is rooted in all of us. Our bodies were developed with the intention of having all of our muscles work together and support each other to accomplish certain movements and tasks that we as humans perform on a daily basis. Functional Fitness by Cam is a class designed to strengthen your body with a sprinkling of cardio thrown in so you can maximize your daily life performance.

WEXER

Les Mills Body Balance – is the yoga, tai chi and pilates workout that helps you build your flexibility and core strength while reducing stress and focusing your mind to create a lasting sense of wellbeing.

Les Mills Body Pump – is a barbell workout using light to moderate weights and high reps to get you lean and toned. You'll work all your major muscles as you build strength and burn calories.

Les Mills Core – is an intense core workout for functional fitness. It's scientifically designed to build strength, stability and endurance in the muscles that support your core including the abs glutes and back.

Les Mills Sh'Bam – Want a dance workout that gives more than it takes? SH'BAM is the cheeky and cool dance workout where anything goes and everything is encouraged. It's over in no time and leaves you feeling better than it found you - inside and out.

War 19 – Total body workout where a fusion of martial arts meets chart topping music. Learn how to punch effectively, kick safely and perform hooks and uppercuts like a pro

Axis 9 – A 30 minute focus on your foundation – the core. Create stability from the AXIS, the middle of your body, the basis of all movement, then layer on mobility, strength and power. Move like never before, beginning from the core and reach farther than you thought possible.

Sculpt – Lift, sculpt and define in all the right places! In less than 30 minutes, you will hit your booty, arms and abs, building long and lean muscles.

BoxHIIT – Intense shadow boxing paired with high intensity interval training. This workout has a full body focus challenging your whole body.

COMMUNITY INVESTMENT FUND 2022

APA Group is committed to positively contributing to communities in the local and regional area of its proposed East Coast Grid Expansion Project. As part of the commitment, we have established a Community Grants Program to benefit local communities. The first round of funding is now open for applications. Community groups and organisations located in the regions of the Project and within the Quilpie Shire Local Government Area are encouraged to apply for funding or in-kind support through the Fund.

Please visit our website for further information: <https://www.apa.com.au/about-apa/our-projects/east-coast-grid-expansion>

All applications must be made using the application form available on our website: <https://www.apa.com.au/about-apa/our-projects/east-coast-grid-expansion/>. Applications will be assessed against the eligibility criteria outlined in the Community Investment Guideline, also available on the Project's website. Completed application forms can be submitted to: EastCoastGridExpansion@apa.com.au

Individual organisations can apply for **up to \$3,000** of funding to support events, programs and activities that benefit the local community. Applications for this round close 30th July 2022.



Quilpie Shire Council Christmas Party and Staff Awards



John Thompson 15 Years



Lisa Hamlyn 25 years



Kirsty Ryan 10 years



Daniel Varley Change Champion



Jack Barnes
Ralph the Wrecker Award



Town Services Crew
The A Team nomination



Brian Weeks
Go-Go Gadget



Lachlan McKay
Most 'Values'



Peter See & Brian Weeks
The A Team Nomination



Elvio Andrade
Super Stepper



Michelle Donohue
Care Bear

Damien McNair received his 10 years service award
Alan McNall received his 20 years service award

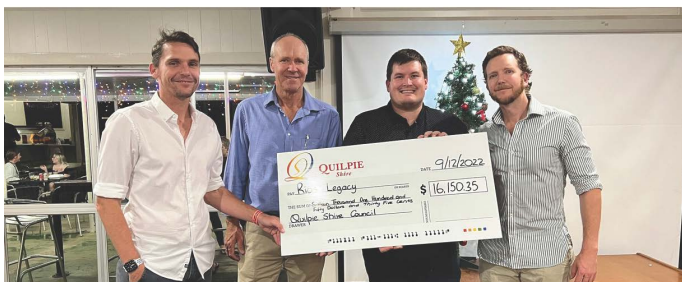
Many thanks to Ryan Fowler and Cameron Black of Rio's Legacy for making the trip from Sydney to Quilpie to attend our Staff Christmas Party and to officially accept Council's donation



Mike Castles - Work Place
Health and Safety Warrior



\$16,150.35 Raised in 2022 for
Rio's Legacy



This money was raised through the generosity of spirit from Quilpie Shire Council staff, Quilpie Shire residents and visitors in 2022.

For more information about this inspirational organisation or how to donate head to www.rioslegacy.org.au



\$16,150.35 Raised in 2022 for the
Royal Flying Doctor Service



This money was raised through the generosity of spirit from Quilpie Shire Council staff, Quilpie Shire residents and visitors in 2022.

For more information about this organisation or how to support RFDS head to: <https://www.flyingdoctor.org.au/qld/>



More Quilpie Shire Council Staff Awards ...

Andy Warhol Award

To Justin Hancock, who has enjoyed more than his 15 minutes of fame in the international, national and local media, from the local ABC to the New York Times.

Some may call him a media tart, but we've come to expect nothing but headlines for Quilpie from our CEO.



Quilpie Shire Council staff visited Eromanga recently for a Staff Development Day designed to improve staff understanding of other sectors of their workplace and the broader community



Colin Grimm
Golden Ripper Award



Momir Pajic 10 years
Service Award

WHS AUDIT REPORT

Quilpie Shire Council participates in a Self Insurance Program to provide the most efficient, effective and economic method of Local Government Workers insurance.

Council was recently audited, to ensure that they are meeting all of the statutory guidelines that are required to enable the safe operation of Council's activities.

Quilpie Shire Council is proud to announce that it passed the audit with flying colours, due to the constant and persistent supervision of all of Council's Workplace Health and Safety requirements by Manager WHS Mike Castles, Director Engineering Services Peter See, and Chief Executive Officer Justin Hancock, together with the cooperation and hard work of all of Council's staff.

Congratulations to everyone who contributed to the success of this important achievement. It's the little things you do all day every day that contribute to this accomplishment.



Albert Frederick Lyons

"Alby"

Late of Cheepie.
Passed away on
Friday 9th December 2022 aged 66 years.

Beloved Son of Albert (dee) & Pamela (Dee). Much Loved Brother & Brother-in-law to Colleen & Noel.

Adored Uncle and mate to many.

Relatives and Friends are warmly invited to attend a Graveside Celebration of Alby's life being held at the Quilpie Cemetery, Monday 19th December 2022 commencing at 11:00am.

"Forever in our Hearts"



07 46541079



COMMUNITY ACTIVITIES AND SENIORS PROGRAM

Michelle Donohue: Health Promotions Officer
Phone: 4656 0500 Mobile: 0427 243 055



January 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
16 10:30am CWA Hall Chair Exercises	17 2:00pm CWA Hall Craft & Chat	18 10:30am CWA Hall Tai Chi	19 2:00pm CWA Hall Healthy Minds	20	21	22
23 10:30am CWA Hall Chair Exercises	24 2:00pm CWA Hall Craft & Chat	25 10:30am CWA Hall Relaxation Session	26 2:00pm CWA Hall Healthy Minds	27	28	29
30 10:30am CWA Hall Chair Exercises	31 2:00pm CWA Hall Craft & Chat					

The Quilpie QGAP office will be closed

Wednesday 16th November to Tuesday 22nd November 2022

&

Thursday 1st December to Friday 9th December 2022

If you need to complete a transaction, please call us and we'll find a way to help.

For more information:



13 QGOV (13 74 68)*



www.qld.gov.au



YOUTH FITNESS PROGRAM PROGRAM 2



27th November 2022 - 22nd January 2023

No Program 19th December 2022 - 8th January 2023

Program 2: Boarding school kids finish a week earlier than state, so program will be an additional week

The participation of our youth in this program is really important for their health and wellbeing as well for the overall community. We would love your support by seeing your kids attending this program so that we can also obtain funding for future programs.

Days: Tuesday and Thursday

Time: 7:00am-8:00am

Trainer: Cameron Welk

Venue: QSR Gym

Open to all children aged 10 - 16 years

To book for Program 2 - 27th November 2022 - 22nd January 2023 (6 weeks) please go to this link:

<https://o7kn2qycvt3.typeform.com/to/GejTABCD>

or head to the gym's facebook page to click on the link to register

Quilpie Legends Swim Club Juniors

\$10 / TERM

- ✓ Every Wednesday evening, during school term*
- ✓ Kids swim to achieve their own personal best time each week
- ✓ A positive, fun and encouraging environment
- ✓ Minimum age to participate is 3 (must have parent in pool)

To find out more please contact:
Karen Grimm, President
0418 241 665 OR
quilpieswimmingclub@gmail.com

*Subject to weather and availability, so check in with team.

Quilpie Swimming Pool

5th December 2022 – 22nd January 2023

Pool Hours

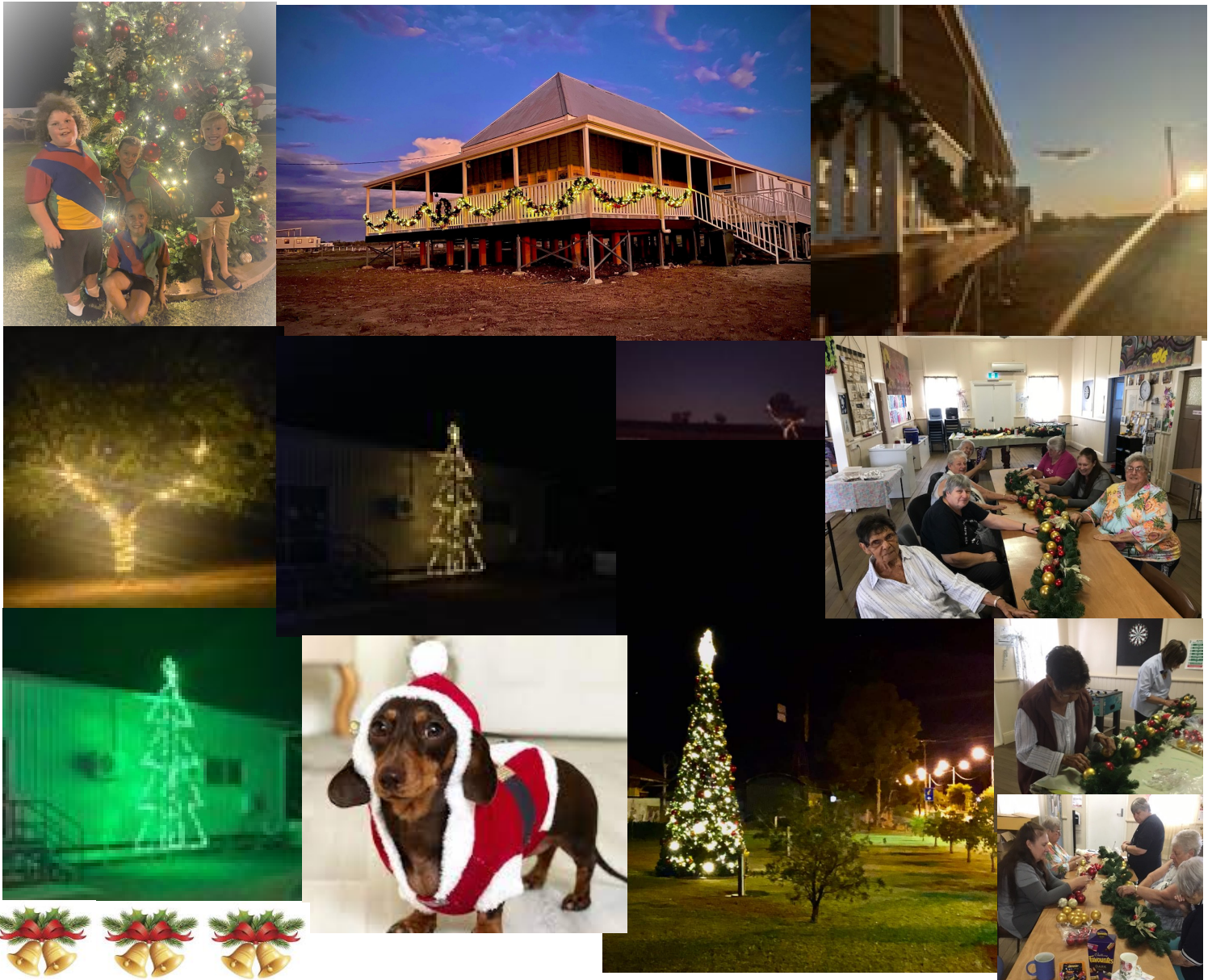
Day	Morning	Afternoon
Monday	6:00am - 11:00am	3:00pm-6:30pm
Tuesday	6:00am - 8:00am	3:00pm-6:30pm
Wednesday	CLOSED	3:00pm-6:00pm
Thursday	6:00am - 9:00am	3:00pm-8:00pm
Friday	6:00am - 11:00am	3:00pm-6:00pm
Saturday	2:00pm – 6:00pm	
Sunday	1:00pm – 6:00pm	

Ph: 07 4656 1201 or 0413 201 534



Town Christmas Decorations

For the first time, every town in Quilpie Shire has its own Christmas Decorations. Many thanks to Engineering Services for their imagination, creativity and hard work to get the installations done. Thanks also to Quilpie Seniors Ladies for assembling the garlands and wreaths, and Kev Richards for creating the trees for Cheepie and Toompine, providing a healthy dose of Christmas Cheer to the whole community.



**Kids Capers
Christmas
Party
HO!
HO!
HO!**



CWAATSICH Quilpie Health Services for December 2022

SWHHS Visiting Specialists Dates 2022

Podiatrist	7 th & 8 th December
Physiotherapist	12 th & 13 th December
Speech Pathologist	TBA
Dietitian	TBA
Occupational Therapist	TBA
Child Health Nurse	13 th & 14 th December
Diabetes Educator	TBA
Cardio Nurse	TBA
Social Worker	TBA
Mental Health	Every Thursday
Child Youth Mental Health	Every Monday

Referral required for Visiting Specialists
Contact Quilpie Medical Practice 07 4656 1158



South West
Hospital and Health Service

Need a Dental Appointment?

Please give us a call and we will listen to your needs and provide you with care. You can be offered an appointment or given the option to be placed on our waitlist and appointments can be made for dental emergencies and check ups.

The Dentists at Roma and Charleville visit other towns across the South West Hospital and Health Service providing full dental services.

To be eligible you will need: Health Care Card; Pension Concession Card; Commonwealth Seniors Health Card; Queensland Seniors Card or a Veterans Affairs Card.
You can be seen as a Fee-Paying patient for emergencies or other care if there is no access to a Private Dentist in your area.

Call 1300 215 659 or 46 24 2716
South West Oral Health Service



Head Office
94 Edward Street
Charleville Q 4470
07 46543277

ABORIGINAL MEDICAL
SERVICE

49 Brolga Street
Quilpie Q 4480
P O Box 119

Phone : 07 46561391

01/12/22— Psychologist (Ed) & SWEB Team

05/12/22— Centrelink Team

14/12/22— Xmas Bingo

14/12/22— Dr Fielding

15/12/22— Dr Fielding
Office closed 21/12/22--16/01/23

CWAATSICH open to the whole community.

- | | |
|----------------------|-----------------------|
| * Closing the Gap | * Diabetes Management |
| * Health Assessments | * Dietician |
| * Women's Health | * Diabetes Educator |
| * Men's Health | * Lifestyle Coach |
| * Eye Health | * Podiatry |
| * Hearing Health | * Physiotherapy |
| * Psychologist | * Exercise Physiology |



Festive Opening Hours

Quilpie Pharmacy

Saturday December 24 - 9am to 10am
Monday December 26 - CLOSED
Tuesday December 27 - CLOSED
Wednesday December 28 - CLOSED
Thursday December 29 - 9am to 5pm
Friday December 30 - 9am to 5pm
Saturday December 31 - 9am to 12pm
Monday January 2 - CLOSED



PRAWN MANGO CHRISTMAS SALAD

- 400g cooked tiger prawns
 2 mangos, cut into 2cm cubes
 2 avocados, cut into 2cm cubes
 2 limes, plus lime wedges to serve
 1/3 cup finely chopped coriander leaves
 1 long red chilli, seeds removed, finely chopped
 1 tbsp honey
 1 tbsp avocado oil (see note) or extra virgin olive oil
 1 butter lettuce, leaves separated
- Peel, devein and roughly chop half the prawns. Place in a bowl with mango and avocado.
 - Grate the zest of half a lime, then juice both limes. Place the lime zest and juice in a small bowl with the coriander, chilli, honey and oil. Whisk to combine and season well. Pour over prawn mixture and toss to combine.
 - Divide lettuce among plates, fill with the salad and serve with the remaining prawns and lime wedges



QUILPIE SHIRE COUNCIL

YOUTH CENTRE at CWA HALL

10 - 16 Years



Contact: Michelle Donohue Mob 0427 243 055
 Sessions will not be held during School Holidays

QUILPIE SHIRE COUNCIL

AFTERSCHOOL CRAFT ACTIVITIES at CWA HALL

5 - 9 Years



Contact: Michelle Donohue Mob 0427 243 055
 Sessions will not be held during School Holidays