

19 January 2021

#### FROM THE MAYOR

#### MAYOR'S MESSAGE JANUARY 2021

The New Year has dawned and, in some ways, you could be excused for thinking not much has changed in regard to the pandemic and the affect it is having on the world. There is still an air of uncertainty and a worry that things won't get back to "normal" any time soon. I think that is a reasonable assumption because, even if the vaccine proves to be effective, the world has changed and it is not likely to ever be quite the same again.

A local grazier said to me in the middle of the worst of the economic fallout last year that "what's happening to businesses in the cities is just like grazing or farming all the time". In other words you can have everything planned, budgets done etc. and then you get hit with a flood, a drought, a market collapse or some other unforeseen calamity and your income gets halve (or worse) and you just have to absorb it or, in some cases, you can't absorb it and your business collapses. This is what has been happening to so many businesses over the last twelve months, especially in the tourism and hospitality sector.

As I have said in previous newsletters it has had less impact on regional communities like ours than in the cities. There has been positives as well and it is really important to highlight those positives and, as we go into a new year, emphasise and build on them. The most significant positive change is the heightened focus on our local community and, in particular, our businesses. Most of the town businesses in the shire have prospered from more local buying. This was forced originally, when we weren't allowed to leave town but, since then, I believe it has become more entrenched. I can't emphasise enough how important spending locally is! And we have some really good local businesses.

On a more national level there has been an increased focus and appreciation for our locally produced food and fibre which is a real positive for our agricultural sector. Gas is now seen as an essential resource that we will depend on for some time which helps our resource industry and local manufacturing has remerged as a critical industry for this country as a whole that has sadly been neglected for decades. In short, as a country, we need to be more self-sufficient. That can only have benefits for communities like Quilpie Shire in the long run.

Last but not least we saw a substantial redirection of the tourism focus moving from overseas to "local" which included the Outback region. In keeping with the "buy local" theme we could potentially see a permanent shift in attitude in our city cousins acknowledging the benefits of travelling and spending in their own country instead of automatically looking for the next big thing overseas. Quilpie Shire is positioning ourselves to benefit if this occurs and this tourism season promises to be a good one, particularly if our regular visitors from NSW and Victoria are allowed to cross the border and resume their normal activities.

We have to feel that we are at least half way through this pandemic and we certainly know a lot more about it than we did this time last year. Couple this with the fact that there are going to be some permanent changes to the way Australians live, changes that may well provide real benefits for this shire in the short and long term, and I think we can look forward to 2021 with some confidence. Oh, and we need a wet summer!!

## Kind Regards,

Stuart Mackenzie



## YOUR COUNCILLORS

Cr Stuart Mackenzie

Mayor

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### From the CEO's Desk

I hope everybody enjoyed a well-deserved break over the Christmas and New Year period, as we welcome in a very busy and prosperous 2021.

I would like to thank those who I have met in my short time in Quilpie, I must say the warm welcomes are much appreciated and I am have enjoyed getting around and meeting the community.

For those of you that I have not met yet, a bit about myself: I was born and raised in Mount Isa, and have spent the majority of my life living and working in Western Queensland. I commenced my Local Government career in the Mount Isa City Council as a trainee in 2009 and was awarded a cadetship to study a Bachelor of Business, majoring in Accounting and Business Law in 2010. After studying full time at James Cook University in Townsville and working for the Council throughout the semester breaks, I returned to Mount Isa to work full time in 2012. In 2015 I moved into the role of Executive Manager of Finance at Mornington Shire Council in the Gulf of Carpentaria, before commencing in the roles of Manager of Finance & Administration and Director of Corporate Services for the Carpentaria Shire Council where I have spent the past three and a half years.

Most importantly, I am looking forward to being part of the community and working with the Mayor and Councillors on the many projects planned that will benefit our Shire. During my first week it was great to see the continuation of new facilities being delivered throughout the community with the new BBQ and seating at Baldy Top being installed.

It would also be amiss of me not to thank Councils Acting

CEO Tim Rose for stepping into the role over the past four months, it goes without saying that Tim has been immersed in the Quilpie community and will be missed.

I will keep this month's article short and look to update the community next month with Councils ongoing and upcoming projects. To those of you that I am yet to meet, I look forward to exploring more of this great Shire and meeting the community.



## Ordinary Council Meeting Wrap up 19 January 2021

- Condolences to the friends and family of Brian Facey, Noel Minnett and Sam Speedy
- A report from Pensar was received regarding the assessment of the Quilpie Sewage Treatment plant. Council also wish to investigate more reuse options for sewage
- Tompine Polocrosse Club obtained approval to construct new horse yards at the Toompine Polocrosse grounds
- Council agreed to participate in a 5 year review of the Indigenous Land Use Agreement between the Boonthamurra People and Barcoo and Quilpie Shire Councils, with Ms Jenny Humphris of Holding Redlich to act for Council
- Council accepted a quote from Mead Perry for the Economic Analysis of Carbon Farming and Impacts, for the amount of \$5610, and a general rate review for the amount of \$12,750

- Awarded of a tender for the amount of \$245,023.67 to APC Vontracting Pty Ltd for flood restoration works in Earlstoun, Pinkilla, Tebin, Warrabin and Wallyah Roads
- Council agreed to assist in conducting an opening event for the Eromanga Natural History
   Museum – Stage 2 Phase one to acknowledge Federal Government funding input
- Approval of funding applications for RADF Round 1 for Quilpie Cultural Society workshops to the value of \$10,682.75 and ArTour Western touring circuit Performances to the value of \$5,265.00
- Council agreed to engage Craig Alison to develop a Wild Dog Investment Strategy, Wild Dog Communication and Engagement Strategy, and to update the Pest and Weed Investment Program at a cost of up to \$39,850 plus GST. Mr Alison has been selected to perform this work due to his local knowledge of the topic and the region, knowledge of local government, in accordance with Local Government Regulations.

## **Australia Day Celebrations**

What an Australia Day Celebration! Council thanks everyone who attended, supported and assisted with the 2021 Australia Day Celebrations held at Bulloo Park on Friday night. Delicious food, great live music, amazing whip cracking show and an incredible fireworks display ... how much more Aussie could it get!

Awards were presented by Mayor Stuart Mackenzie and Deputy Mayor Jenny Hewson



Outstanding Junior Achievement Award -Chelsea McConnell



Sports & Recreation Award - Quilpie Motorcyclist Association



Community Group Award - Quilpie Sporting Clays Club









## Prime Minister's Visit 19 January 2021

The Mayor Stuart Mackenzie welcomed on Tuesday a delegation from Canberra which included The Hon. Scott Morrison, MP, Prime Minister of Australia, The Hon Michael McCormack MP, Deputy Prime Minister and Minister for Infrastructure, Transport, and Regional Development, The Hon David Littleproud MP, Minister for Agriculture, Drought and Emergency Management, The Hon Scott Buchholz, Assistant Minister for Road Safety and Freight Transport, Senator The Hon James McGrath, Deputy Government Whip, and also in attendance was the state member for Warrego Ms Ann Leahy.

The delegation at the request of the Prime Minister firstly went to Bunginderry station to meet with the Tully family as he personally wanted to see how the property was recovering from drought. The Prime Minister also wanted to have a full understanding of the success of the exclusion fencing and what differences it made to the economy of Quilpie Shire.

The Prime Minister and his delegation also attended a morning tea at Bulloo Park to meet the surrounding Mayors and CEOs as well as some community members from Quilpie. Due to restrictions with Covid 19 and security obligations these numbers needed to be strictly limited.

Council would have liked to have an open forum for everybody however this was not possible and Council apologises to those that would have liked to attend but were not able to be squeezed into the restricted numbers.

The Mayor on behalf of the community thanked the Prime Minister and his party for taking the time out of a very busy schedule to spend some time in Quilpie Shire.



Left to Right: The Hon David Littleproud MP, Cr Bruce Paulsen, Cr Lyn Barnes, The Hon Scott Morrison, MP, Mayor Stuart Mackenzie, The Hon Michael McCormack MP, Cr Jenny Hewson, Cr Roger Volz and Justin Hancock, CEO Quilpie Shire Council.

## **Quilpie Library**

### First 5 Forever News

Quilpie Library has some fantastic goodies for the Under 5's





- · Library Bags with a special kids only F5F membership card
- F5F Library Bags for babies and toddlers. Inside the bags are books, bath puppet, egg shaker and lots of useful information.
- Lots of F5F NEW Picture Books have arrived at the Library and are available for loan

Call into the Library and checkout the F5F Resources that are available.

## **AFTERSCHOOL ACTIVITIES**

(places available)

5year to 9years @ The Quilpie Shire Library Commencing Monday 1/02/21 3:30pm – 4:30pm (Afternoon Tea provided)

10years to 16years @ the Youth Centre Commencing Wednesday 3/02/21 3:15pm – 4:45pm (Afternoon Tea provided)

Call Michelle on 4656 0509 to reserve a place



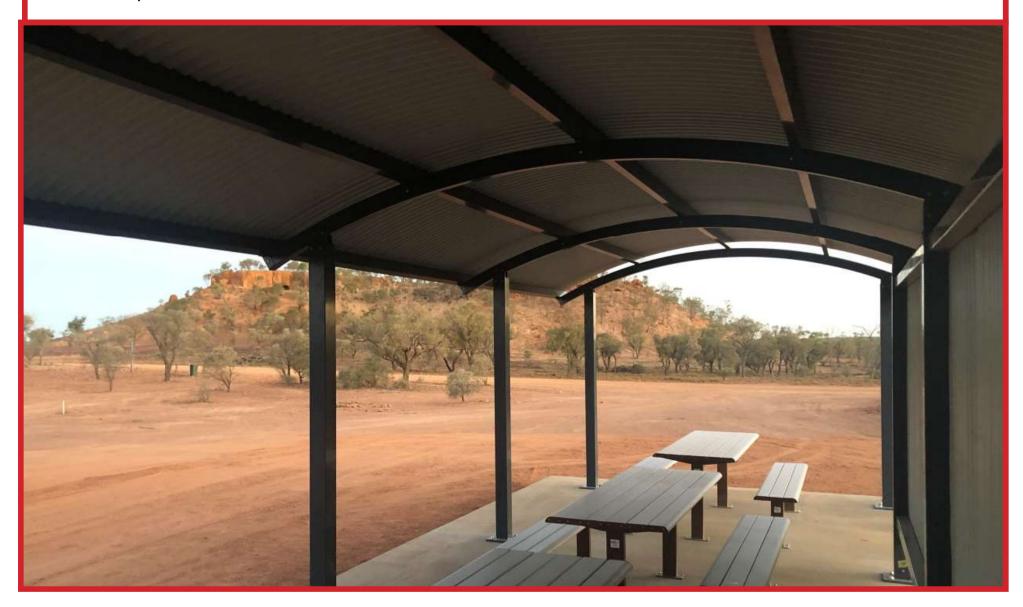


Council staff are carrying out repairs on the Adavale-Blackall Road near to Adavale. More extensive works will begin in March.

Work will restart on the sealing of the Quilpie Adavale Red Road from 46 km to 48 km on 01 February. Weather permitting the works should be completed by the end of February.

Flood works are now complete on Beltram Park Road.

Baldy Top Road has been graded and had new gravel placed in sections. A new picnic shelter is almost completed as well. Only the barbecue and sink remain to be finshed.





A NEW STREET SWEEPER...

This new street sweeper will be keeping the streets of Quilpie in tip top condition all while looking pretty incredible don't you think?



## PUBLIC NOTICE

#### WILD DOG BAITING PROGRAM

Residents and visitors are advised that Council will be conducting an aerial and on-ground Wild Dog Baiting Program commencing 7th December 2020.

Town Commons are not included in the baiting program, however care should be taken when exercising dogs and other animals.

This is a necessary and planned program aimed at controlling the wild dog program within the Quilpie Shire.

For further information or to register in the program, please contact Council's Customer Service Centre on 07 46560500.

25 November 2020

Tim Rose (07) 4656 0500
A/Chief Executive Officer www.quilpie.qld.gov.au



## ANN LEAHY MP SCHOLARSHIPS GUIDE

## 2020-2021

Are you in Year 11 or 12 and looking at future studies?

Are you a mature age student who may benefit from a Scholarship at a major University or Agricultural College?
For a copy of a list of tertiary scholarships and other useful information prepared for you by your Local State Member of Parliament, Ann Leahy MP please contact Ann's office on phone 1800 814 479 or 1800 625 430. Alternatively, email



#### 3 STEPS TO GET READY







Before the storm season begins, prepare an emergency kit and trim tree branches well clear of your house. You should also:

- Check and clean you roof, gutters
   & downpipes
- Identify loose objects in your yard and on your balcony, such as outdoor furniture and toys that will have to be put away or secured if a storm approaches
- Have masking tape and plastic sheeting or large garbage bags available for emergency rain protection
- Familiarise your household with the correct procedures to follow and information they need for when a storm strikes

## Asbestos and health risks

Asbestos fibres can pose a risk to health if airborne, as inhalation is the main way that asbestos enters the body.

In the 1960s and 70s, asbestos was commonly used in:

- cement sheeting (fibro)
- drainage and flue pipes
- roofing, guttering and flexible building boards (eg Villaboard, Hardiflex, etc.). Similar cement sheeting products are used today, but are 'asbestos free'
- brakes, clutches and gaskets
- home roof insulation.

How can asbestos affect my health?

Breathing in asbestos fibres can cause asbestosis, lung cancer and mesothelioma. The risk of contracting these diseases increases with the number of fibres inhaled and the risk of lung cancer from inhaling asbestos fibres is also greater if you smoke. People who get health problems from inhaling asbestos have usually been exposed to high levels of asbestos for a long time. The symptoms of these diseases do not usually appear until about 20 to 30 years after the first exposure to asbestos.

There are legal requirements for the safe disposal and dumping of asbestos. Removal of loose/friable asbestos or amounts of bonded asbestos sheeting greater than 10 square metres must be done by a licensed person.

- Asbestos is a hazardous material that can have health effects to yourself and others if asbestos fibres become airborne
- Asbestos waste is a regulated waste
- Asbestos waste must be disposed of at a landfill site that can lawfully receive asbestos waste. The site is usually operated by your local council
- It is illegal to dispose of asbestos waste in domestic garbage bins
- It is illegal to re-use, recycle or illegally dump asbestos products
- It is illegal to store, sell or give away asbestos.

There are two options for disposing of asbestos:

Asbestos waste is double-wrapped in

0.2 mm thick plastic bags or sheeting, sealed with tape and labelled double wrapped and transported to a landfill site that accepts asbestos. There are also laws surrounding the transport of asbestos.

Label all bags with an appropriate warning such as:

**CAUTION - ASBESTOS** 

DO NOT DAMAGE OR OPEN BAG

DO NOT INHALE DUST

• Asbestos waste is placed into a plasticlined industrial skip that may have been provided by a waste contractor with an environmental authority to transport regulated waste.

Asbestos waster can be disposed of at the Quilpie Land Fill. Burial of Trade asbestos waster greater than 10m2 incurs a fee of \$300 per hour. Council needs to be advised in advance if the amount of Asbestos is greater than 10m2, and the fee is \$200 per hour.

Information source: www.asbestos.qld.gov.au





This program covers training in safely using chemicals to control pests, weeds and diseases.

These accredited units of competency will provide you with the skills and knowledge to:

safely apply, store and transport chemicals

Duration: 2 days

Fully funded under the Rural Support Training program. Eligibility criteria applies.

## Tuesday 9th February and Wednesday 10th February 2021

Chemical Application for Agriculture (SSAHC1012)

When	Where
Tuesday 9th February and Wednesday 10th February 2021	QUILPIE
From 8:30am to 3:30pm each day	Location Quilpie Heritage Inn
Please enquire as soon as possible as places are limited.  Applications required by 15th January 2021	34/36 Brolga St, Quilpie QLD 4480

For more information or to apply call (07) 4160 4450 or email ruralsupporttraining.southwest@tafe.qld.edu.au





1300 308 233



(=) tafeqld.edu.au

## **RURAL SUPPORT TRAINING PROGRAM 2**

TAFE QLD South West has scheduled a Rural Support Training Program 2 in Thargomindah, Cunnamulla and Quilpie. Please share this information with your network.

#### Eligibility

The eligibility has three criteria

- age minimum age 15 years for this program
- citizenship Australian or New Zealand citizen or Australian Permanent Resident or Temporary Resident on the pathway to permanent residency
- place of residence or work must be a Queensland resident and permanently reside or work in a drought declared regional council area or independent drought declared property

#### Pre-reading

The chemicals units require some pre-reading of course information, this will be emailed when eligibility has been confirmed and enrolment processed.

#### Resources required

Enclosed shoes each day, pen and lunch and water

### To apply

There are still places available and we accepting applications now. To apply for a place in this program participants must complete and return the following documents to RuralSupportTraining.SouthWest@tafe.qld.edu.au

- Eligibility Form and supporting documents (e.g. driver's licence front and back and colour copy of green Medicare card)
- Student Personal Details form (must have a USI number on this form)

For further information contact: Julijana Veskova

South West, Rural Support Training

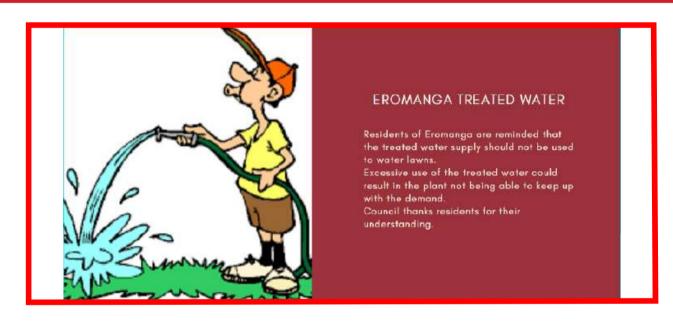
#### TAFE QUEENSLAND

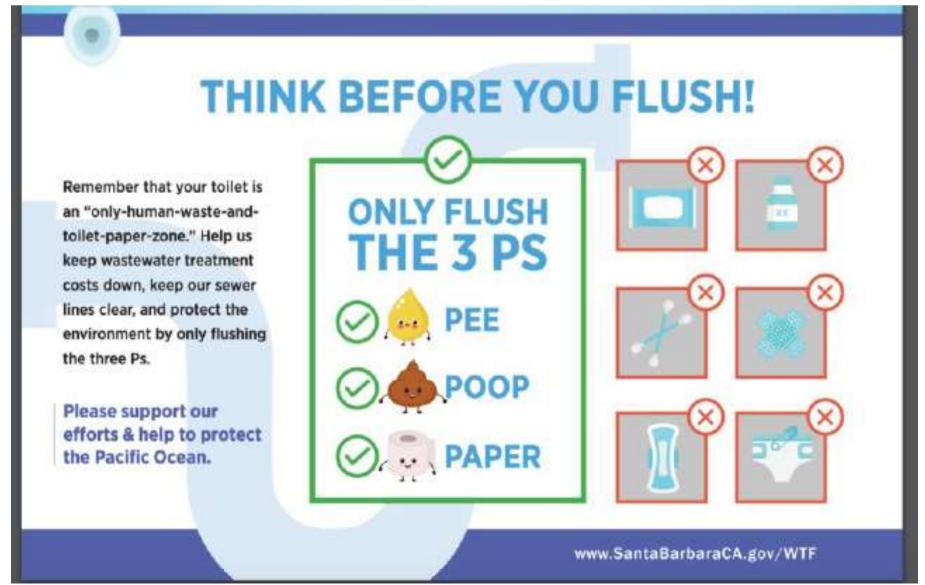
- e: RuralSupportTraining.SouthWest@tafe.qld.edu au
- p: 07 4160 4450 w: tafeqld.edu.au



Connecting Knowledge Connecting Cultures









## Quilpie Shire Council



## **UILPIE** Christmas Lights Competition 2020

Best Lights Display – Quilpie **Bernard & Tracie Oates** (Tie)

Dan & Elle Springall

Best Lights Display – Eromanga Kimberly Smith

Best Lights Display – Quilpie **Bernard & Tracie Oates** (Tie)

Dan & Elle Springall

Best Lights Display – Eromanga Kimberly Smith

**Best Outdoor Tree Laurel Ohlmann** 

**Judges Choice** Sonia & Al McNall

**Boonkai Street Neighbours** Cameron & Gina McConnell

> **Tracy Nichols** Mick & Mel Crack

Spectacular Seniors Award Gail & John Haylock

Spectacular effort Robyn Cherry **Ruby Andrews** 

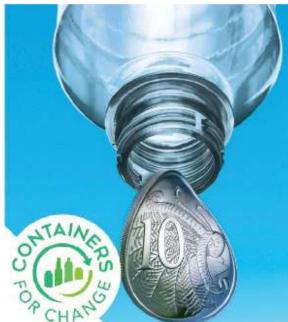
**Best Decorated Business** Dan Springall

**Christmas Wonderland Grand Prize** 

(Judged Shire Wide) Narelle Mandusiak &

Leon Rodman (Adavale)

Council would like to thank everyone who made the effort to decorate with lights and foster the Christmas spirit within our Shire.



Halliebec Towing and Contracting (41 Chipu Street) is an approved Container Refund point for anyone wanting to recycle eligible beverage containers, bottles or cans.

The exchange is open Tuesday from 4.30 6.00pm (subject to change).

Quantities over 1500 will be taken by appointment.

To set up your scheme ID visit consumer.containersforchange.com.au/cre ate-account or for more information visit www.containersforchange.com.au

## Can we help?



GIVIT can provide free essential items for the people you support

givit.org.au

## givit.org.a

Simply register with GIVIT and start accessing hundreds of free donated items. You can also request specific items you need for your service or the people you support, including school uniforms, washing machines, beds, bedding, sporting equipment and food vouchers.

It's quick, free and easy! Visit givit.org.au and submit your organisation's

See what's available or tell us what you need. A quick and easy search on GIVIT will show what is available near you. Or, simply place a request online and we'll work to match you with a donor who can provide that item.

## RECEIVE

Help your client!

Once a donation match is made, your details are automatically swapped with the donor for you to organise collection or delivery.





## HELP US TAKE CARE OF OUR ROADS

It is always lovely when it rains in our shire but did you know it is often when unnecessary damage to roads occurs?

While the upkeep and maintenance of roads is Council's responsibility, you can assist by staying off unsealed roads for at least 48 hours after rain. The damage that occurs by driving on wet roads lasts for many months until Council contractors or staff can work on the road.

By staying home, we can keep the roads in good condition, potentially not cause damage to your vehicle, and potentially not have the embarrassment of getting badly bogged.

Council formally closes the roads after reasonable rainfall and as such if you drive on the road you are breaking the law.

## HAD A NEAR MISS OR ACCIDENT ON THE ROAD?

(Particularly along the main state controlled roads)

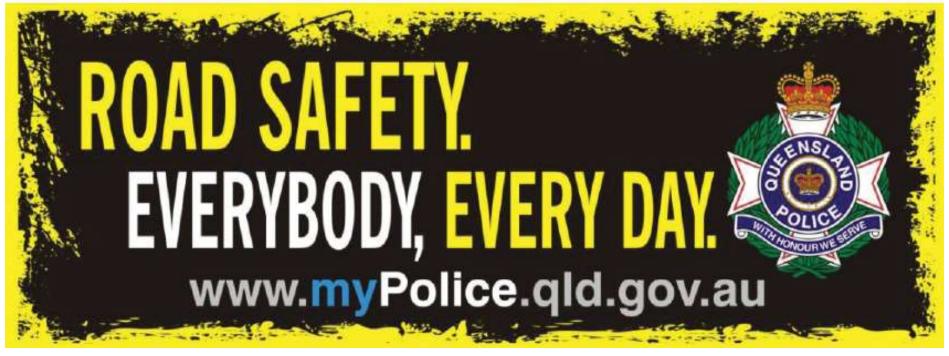
In an important move to collect data in relation to safety issues on our roads Council has established a dedicated email address (roads@quilpie.qld.gov.au) to allow residents to advise Council of dangerous experiences.

If you report an incident please include location, time of day, and details of the experience.



### **TMR - REST AREAS**

The Queensland Government recently updated the legislation surrounding the use of rest areas on state-controlled roads. This was due to ongoing issues with motorists, campervans and caravans illegally parking at Queensland heavy vehicle rest areas and overstaying at combined rest areas. Motorists can now be fined if they park in designated heavy vehicle rest stops or overstay at combined rest area locations.





# 2021 QUILPIE SHIRE EVENTS

Is your community group, organisation or business planning an event in the Quilpie Shire for 2021?

Let the Visitor Information Centre know the details of your event to be included in our Shire events Calendar.

**BONUS:** Let us know of your events early to take advantage of free advertising through our social media and digital marketing platforms.

Send to: tourism@quilpie.qld.gov.au or call 46 560 540.





## Quilpie Celebrates Christmas Ho Ho Ho!!!



















## Congratulations to the 2020 Shop Local Winners

Thank you to everyone who shopped locally and all the businesses who participated - remember to keep shopping locally!

1st Prize (\$500 in vouchers) - Aimee Judd 2nd Prize (\$500 in vouchers)- Emily Tully 3rd Prize (\$200 in vouchers)- Shaun Lander 4th Prize (\$200 in vouchers)- Irene Schapman 5th Prize (\$200 in vouchers)- Helen Moloney 6th Prize (\$100 in vouchers)- Thomas Griffin 7th Prize (\$100 in vouchers)- Gina McConnell 8th Prize (\$100 in vouchers)- Julie Ann Benjamin 9th Prize (\$100 in vouchers) - Blade

Some great reasons to keep shopping locally! Convenience & Savings - Shopping locally can save you time and money.

Personal Service - You will experience enhanced customer service & customer care.

Support community - Your local small businesses typically support the local community e.g. .local schools, sports clubs etc.

Improve your local economy - When you shop local, the majority of the money stays in your community.

Job Creation - Your local small businesses are typically big employers of local residents in your community.

This promotion is organised by:

Quilpie Shire Council | ABN: 53 680 434 639. PO Box 57 Quilpie, QLD, 4480 | P: 07 4656 0540.



## **OUTBACK QUEENSLAND JOBS BOARD**



www.outbackqueenslandjobs.com.au

Outback Queensland Jobs offers a free service available to businesses (the potential employers) and job seekers in the Central West, South West and Far West Queensland regions.

With quick and easy registration, register using your business email or any social media account you like.

Once registered use the smart form to create and save your job. You can share the job ad via email, Facebook, Twitter, LinkedIn or Google (Gmail).

You can quickly see who applied and view their applications at any time.

# BREAKING NEWS ALERT

## INTERPRETING A RAIN FORECAST ACCURATELY A MAJOR ISSUE FOR PRODUCERS

Are you in the 70% of producers reading their weather forecasts incorrectly? Does the rainfall forecast always seem to 'get it wrong'?



The Northern Australia Climate Program's regionally located 'Climate Mates' deliver dimate and forecasting workshops across Northern Australia. During these workshops, the team discovered that 7/10 producers have been misinterpreting the rainfall forecast for years!

NACP is now affering an online short course, Farecasting for Decision-Making, that has been designed to upskill producers to get the most out of the weather forecasts and read them accurately

This course covers: El Nino-Southern Oscillation (ENSO); Indian Ocean Dipole (IOD); Madden Julien Oscillation (MJO), and Interpreting the Forecast. One-on-one follow up ensures this information is tailored to your property.

Supported by the Bureau of Meteorology and the UK Met office, this course will give you the knowledge to correctly interpret and use forecasting as a productive tool in decision-making

Places are limited, so register now and connect with the best climate and forecast researchers in the business.





## safeh@me

Safehome is a FREE service provided by Queensland Fire and Emergency Services to householders in an urban fire service area. Local firefighters will come to your home to assist you to recognise fire and safety hazards in and around the home. Once the hazards are identified you can then take steps to eliminate them. A visit should take no longer than 45 minutes.

You will receive advice on correct positioning and installation of smoke alarms, a safety pack and checklist.

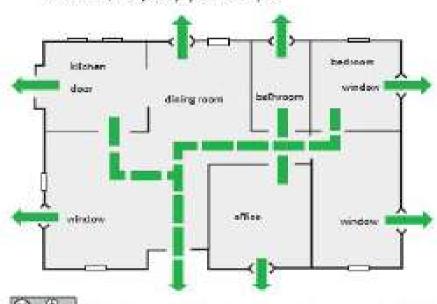
Call 13 QGOV (13 74 68) for a Safehome visit.

## Do I need a fire escape plan?

Queensland Fire and Emergency Services recommends that you have a fire escape plan.

A smoke alarm will alert you to a fire, but what you do next is a matter of life and death. To survive it is essential you know how to escape.

- Draw your escape plan on a sheet of paper or visit www.afes.ald.sov.au.
- 2. Plan two ways out of every room (if possible),
- Pick a meeting place outside the home, such as the letterbox.
- 4. Call the fire service on 000 (Triple Zero).
- Practise your fire escape plan regularly, at night, with the lights off.
- 6. Practise your escape on hands and knees.
- Consider how your security (e.g. locked doors and windows) may stop your escape.



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## **Smoke Alarms**

Old ionisation smoke alarms can be slow to react, and may not give you or your loved ones enough time to escape.

That's why there's new legislation to install photoelectric smoke alarms, which have been proven to be more effective in the domestic home.

Since 1 January 2017, Queensland has legislated that interconnected photoelectric smoke alarms are required in all new dwellings and substantially renovated dwellings.

Smoke alarms that do not operate when tested must be replaced immediately with a photoelectric smoke alarm.

The legislation requires smoke alarms must be installed on each storey, as well as in each bedroom.

Upgrading your smoke alarms today could save a life.

## Landlords and renters:

- Landlords are responsible to install smoke alarms since 1 January 2017
- Smoke alarms more than 10 years old must be replaced with photoelectric smoke alarms compliant with Australian Standard 3786-2014
- Smoke alarms must be cleaned and tested by the landlord within 30 days of the start of a tenancy. You do not need to be qualified to perform these tasks.
- During a tenancy, the tenant must clean and test each alarm at least once every 12 months

BZZ/T 08000940

## Your Health in 2021!

## **SWHHS Visiting Specialists 2021**

Speech Therapist 23 February & 23 March

Occupational Therapist 23 February & 23 March

Dietician 23 February & 23 March

Child Health Nurse 16 & 17 February

16 & 17 March

Podiatrist 10 & 11 February

10 & 11 March

Physiologist 8, 9 & 22 February

Mobile Women's Health Nurse 9 & 10 February

9 & 10 March

Diabetes Educator February

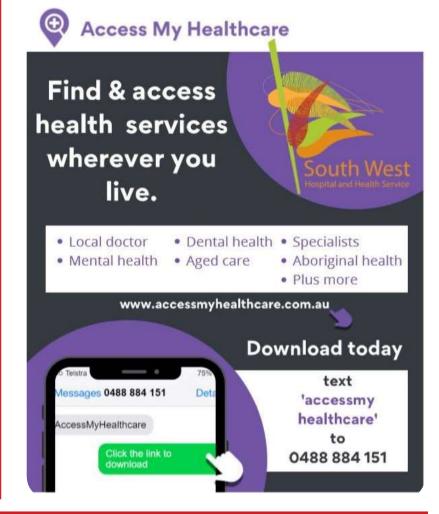
Mental Health Every Monday (if a public holiday falls on a

Monday it will be a Tuesday)

Women's True Outreach Clinic 2 & 3 March

For more information please contact: SWHHS Quilpie 07 46 560 100





## How are your New Year's Resolutions going?

According to the Internet, the most popular resolutions are:

- 1. To enjoy life more. This one's obvious; we all like to have fun and enjoy ourselves. But what wwdoes it actually mean when we say we want to enjoy life more? As far as vague resolutions go, this one wins first prize. Be more specific. Does it mean taking more trips? Does it mean hanging out with your friends more often? Be very clear about exactly what you want to do, and then you can figure out what you have to do to follow through.
- **2. To eat better and exercise more.** Let's be realistic for a second: you're probably not going to go to the gym every day and eat only vegetables. Not only is that setting the bar a bit high, but it's unnecessary. Set yourself up for success. Start with one trip to the gym, or walking every now and then instead of always taking the bus. As far as your diet goes, you don't need to go to extremes just try to maintain a healthy balance.
- **3. To learn something new.** Trying new things and learning new skills is great, but let's not try to learn everything at once. Choose one thing, and follow through on it. Set

aside some time each week to work on your new hobby, and remember that learning something new is a gradual process.

- **4. To quit smoking.** So, you want to quit smoking? That's great; hats off to you! There are lots of ways to go about it. Put systems in place that will work for you and help you give this habit the flick. It often takes a while to quit successfully, so don't feel too bad if your first attempts don't work; just stick at it. Head to the Quit Now website as a first step.
- **5. To manage money better.** It can be hard to keep tabs on your hard-earned cash, especially over the holiday season. One minute it's there, the next it's gone. This year, put in place some practical measures to help you keep a closer eye on your money. Apps such as TrackMySpend can help you budget and manage your spending.

Are your resolutions different from these? The logic behind these tips still applies: be specific, don't set yourself huge tasks that you'll never be able to follow through with, and try to limit the number of resolutions you set for yourself. Tell a friend about them so they can help you keep on track.

New research has predicted that Sunday, January 19, 2020 is the fateful day of most New Year's resolutions.

# The National Disability Insurance Scheme (also called the NDIS) is the new way of providing disability support.

The NDIS will provide all Australians under the age of 65 who have a permanent and significant disability with the reasonable and necessary supports they need to enjoy an ordinary life.



As an insurance scheme, the NDIS takes a lifetime approach, investing in people with disability early to improve their outcomes later in life.



The NDIS will help people with disability achieve their goals. This may include greater independence,



The NDIS also provides people with disability, their family and carers with information and referrals to existing support services in the community.



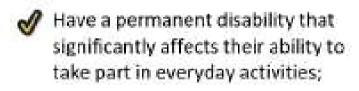
By 2019, the NDIS will support about 460,000 Australians with disability.

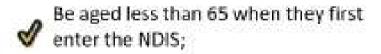


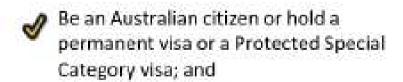


## Can I access the NDIS?

## To become an NDIS participant a person must:







Live in Australia where the NDIS is available.

## Can I still receive support if I do not meet the access requirements for the NDIS?

A person does not have to be an NDIS participant to receive support from the NDIS. The NDIS will connect people with disability, their families and carers, including people who are not NDIS participants, to disability and mainstream supports in their community.

To find out more call or visit
Council's NDIS Support
Coordinator, Chris Houghton on
0436 816 827



## COVID-19

### **Easing of Greater Brisbane restrictions**

Restrictions for Greater Brisbane, as well as those who have been in Greater Brisbane since 2 January 2021, will be in place from 6pm Monday 11 January to 1am Friday 22 January.

The Greater Brisbane region includes:

- City of Brisbane
- City of Ipswich
- Logan Cityww
- Moreton Bay Region
- Redland City

#### **Restrictions for Greater Brisbane**

GOOD HYGIENE
IS IN YOUR HANDS.

Wash your hands thoroughly with soap and water for at least 20 seconds to prevent passing on germs. Dry your hands.

Together we can help stop the spread and stay healthy.

For more information about Coronavirus (CCVID-19) visit health.gov.au

People in Greater Brisbane, as well as those who have been in Greater Brisbane since 2 January 2021, are permitted to be outside their homes or accommodation for any purpose, subject to restrictions on gatherings, businesses and venues, and events.

These restrictions still apply even if you leave or have left the Greater Brisbane area.

If you have been in an impacted area from 7am AEST Saturday 2 January 2021 you are required to carry a face mask with you at all times. Face masks are also required to be worn in most indoor spaces, unless you have a lawful reason not to.

Restrictions remain in place for visitors to aged care, disability accommodation services and hospital.

#### **Get tested**

If you have any symptoms at all, get tested immediately and quarantine at home until you receive a negative result.

Testing is available locally at the Quilpie Hospital.



Please consider our local business operators who are grappling with ongoing restrictions and regulations as a result of the Coronavirus pandemic.

Local businesses are at the forefront of preventing the spread of coronavirus and must adhere to strict rules and regulations imposed by Queensland Health and the Government. When being served by a local business, please take the time to consider their role and duties and be patient. After all, we're all in this together.





## Reminder!!! Have you paid your pet registration fees for this year?

## **Caring for Your Pets in the Heat**

## Tips for owners of all types of pets

- Always provide plenty of cool, clean water. Fill two bowls in case one is knocked over. If outside, ensure they are in the shade.
- Ensure pets have access to cool, shady and well ventilated areas during all parts of the day.
- It is best to leave pets at home during heatwaves, they will be much more comfortable in a cool home than riding in a hot car.
- If pets must be taken along for the ride, don't leave them alone in a parked vehicle. Even with the windows open, a parked car can quickly become a furnace, and pets can get heat stroke, brain damage or die in as little as 4-6 minutes. Never, under any circumstances, leave pets unattended in a car, even on a mild day when the car is in the shade and has the windows down.
- If you and your pet must travel, carry an extra thermos, filled with fresh, cool water, just for them. Put the air conditioning on and if possible, use a window shield (the type used for babies and small children) on the rear windows.
- Add ice blocks to your pet's water bowl throughout the day.
- Fill an empty container or drink bottle with water, freeze it, and place in your pet's bed. Alternatively, place wet towels in the freezer for a few hours, remove and place in your pet's bed.

- Where possible, leaving the air-conditioning or fans on in the house will help to keep pets cool.
- If you know it is going to be a hot day and you will be at work, close the blinds in one or two rooms to keep the sun out. This will help the rooms to stay cooler.
- Animals can get sunburned too! Protect hairless and light-coated dogs and white cats with sunscreen when your animal will be outside in the sun for an extended period of time. Put sunscreen or zinc on exposed areas of pink skin (e.g. ear tips and noses).
- Animals with long coats can be clipped to increase comfort in hot weather.
- Be aware of the signs of heat stroke in animals
   this can be potentially fatal. Signs include rapid panting, lethargy, drooling, weakness, muscle tremors, or collapse.
- Pets with signs of heat stroke should be put in a cool shady area, wetted down with cool (not icy) water and fanned. If the animal is conscious, offer cool (not cold) drinking water, but don't allow it to gulp large amounts. Contact the nearest vet immediately, but don't transport animals in a hot car.



## **Good Bin Manners**





## **Poor Bin Manners**





# Mobile Sexual Health and Women's Health Clinic



Location:

Quilpie Medical Practice

For appointments phone: 4656 1158



- Sexual Health testing
- Cervical Screening
- Breast / testicular examination and education
- Contraception and family planning information
- Education and Information
- Referrals





## QUILPIE CULTURAL SOCIETY INC P.O. Box 172 Ouilpie 4480



## Quilpie Cultural Society Workshops 2020

21\* – 22\*\* November 2020 RADF Silver Smithing with Tutor Annie Weiden Rep Jane Mulligan 0428547400

5th December 2020 FRRR Unwind with Wire with tutor Kylie Tindall-Smith Rep Jess Gilby 0457033900

## Quilpie Cultural Society Workshops 2021

January or February (date to be confirmed) - FRRR

Bubbles and Brush Strokes for adults and Busy Bees for kids with tutor Samantha Meurant Rep Jo Pegler 46564942

6th – 7th February 2021 Self Funded Louise's Braid Quilpie with local Tutor Louise Hall Rep Jan McConnell 0428562083

19th – 22<sup>nd</sup> March 2021 Pending RADF funding Flying into Colours with Helen Godden Rep Jan McConnell 0428562083

17th - 24th May 2021

Raffle Quilt with "Cheryl and Friends"

Quilpie Quilting Group organised by Jan

McConnell making a Raffle Quilt to raise funds for
Quilpie Cultural Society.

27th - 30th May RADF

Furniture Restoration with Dean Timms

Rep Josie Martyr 0427036984

19\*\* - 20\*\* June RADF Western Watercolours with John Morrison Rep Jo Pegler 46564942 25<sup>th</sup> – 28th June FRRR Upholstery with Tim Symons Rep Josie Martyr 0427036984

July (date to be confirmed) RADF Embroidery with Cathy Sotiriou Rep Robyn Cherry 0428612566

20<sup>th</sup> – 23<sup>th</sup> August 2021 Pending RADF funding Fift's Fabicology with Fions and Kelly Rep Jan McConnell 0428562083

21<sup>st</sup> – 22<sup>st</sup> August 2021 RADF Pastel Techniques with Maxine Thompson in Eromanga Rep Jo Pegler 46564942

## Quilpie Cultural Society Workshops Dates to be decided

RADF – date to be decided Glass Glorious Glass with tutor Alison Shaw Rep Jane Mulligan 0428547400

Photography with tutor to be advised - RADF Rep Lauren Gilligan





The Regional Arts Development Fund is a Queensland Government and Quilpie Shire Council partnership to support local arts and culture.



# THANK YOU TO OUR SPONSORS

## FOR THE 2020 QUILDIE COMBINED BUSINESSES TOWN CHRISTMAS PARTY

Thank you to the generous supporters of the December 2020 Street Party. Here is a shoutout to you and making the event a massive success.

Thank you also to the volunteers to helped to organise the event, serve a beer, cook the BBQ, kept the tunes going or helped to set up or pack down.

ADAVALE PLANT HIRE ADCOCK PARTNERS AL MCNALL PLUMBING ALL ABOUT AQUATICS APV CONTRACTING **BULLOO RIVER ICE** CAMRANDALE TRANSPORT CHANNEL COUNTRY CARAVAN PARK COSTELLO TRANSPORT CHANNEL COUNTRY REFRIGERATION DONNA & BERNIE BONSEY **ELLE'S NEWSAGENCY** GDL GILBY & TONKIN HALIBEC CONTRACTING HEWSONHALL ELECTRICAL IMPERIAL HOTEL KEVIN RICHARDSON WELDING LOWES LYN BARNES GALLERY

MEADS FOODWORKS NAB - QUILPIE NUTRIEN OFFSHEARS BAKERY OLD EMPIRE CAFE OUTBACK HAIR STUDIO PATRICK EALES BUILDING PAULSENS FRIENDLY GROCER QUILPIE BUTCHERY QUILPIE COUNTRY COLLECTIONS QUILPIE HERITAGE INN QUILPIE HARDWARE QUILPIE MOTOR INN QUILPIE PHARMACY RJ LOVEDAY TRANSPORT SC & KG BOWEN SPRINGALL MECHANCIAL STEVE BONSEY TRANSPORT TULLMACK CONTRACTING WESTLINK

Remember to support your local businesses who support our local events each year!

