

FROM THE MAYOR

MAYOR'S MESSAGE DECEMBER 2020

This year is quickly coming to a close and it has certainly been an interesting one! 2020 will always be remembered for being the Covid-19 pandemic year and it has had a huge impact across the world although, Australia, and particularly western Queensland, has been less affected than most places across the globe. It is worth remembering, however, that, back in March when the pandemic first hit, we were told that there was no way of stopping it, and I quote: "There is 100% chance that it will get in your community", "That 2.5% of people will die" and that "The main strategy is to slow down the spread". I had an enormous number of meetings around that time and these were the messages we were getting. Eventually we realised that the danger was not going to be as acute as first thought. It was an interesting time!

I do get frustrated when I hear comments like "We are all in this together" or "Everyone has made sacrifices to get through this". The reality is that the vast majority of us haven't had to put up with much or sacrifice much at all except for the inconveniences of social distancing, not being able to travel interstate etc. This is especially so if you have a secure job.

There are sections of the community, though, that have been hugely affected. These are the small business owners who have seen their life's work and savings destroyed and have had to close their doors. It includes the people who couldn't get to a family member's funeral or spend their last days with them. Our thoughts should be with the grade 12 kids who didn't get to do all those events and activities that they had been looking forward to for most of their school life. Schools, generally, have had to contend with enormous disruption. There are FIFO workers that haven't seen their families all year because the state borders have been closed. We haven't "all been in it together". Some sections in the community have made huge sacrifices to mitigate the risk for the rest of us. We will never know whether those sacrifices were absolutely necessary or not.

The pandemic certainly hasn't affected the Council too much with our staff still flat out leading up to their well-deserved Christmas break. Our road, concrete and garden crews have been very busy and all the rest of the workforce have been beavering away in support of them and the organisation generally. Councillors and staff recently met with stakeholders to discuss a "Trucking Facilities Masterplan" in consultation with architects, Fulton Trotter. This will go in the Council owned land between the Diamantina Development Road and the trucking yards just west of town (north of Murana Road). Council has already budgeted to renew the wash down bay at the western entrance to town but it was decided that, before we do that, we should actually plan out all the possible trucking facilities so that everything is in its most suitable location.

Council has been discussing a weighbridge for some time and it was great to get feedback from the meeting where some real negatives were highlighted. If it is built at some point it will need to have an allocated position in the plan. A Truck Stop or Roadhouse was also discussed and, again, the plan has to allow for the best positioning of that facility if one is ever built. This has been talked about ever since I have been on Council and there is no doubt that there is a real opportunity for a business investor but Council is normally loathe to get involved in a private business venture, especially when it could affect existing businesses. We would always facilitate new investment by providing land and this masterplan will do that.

There were differing views at the meeting but we could all agree on the need for a new wash down bay, a hardstand area for truck parking and an ablution block for our truckies. These initial meetings are a critical part of the process if we are going to get the eventual development right. We went through a similar process when we started looking at the Bulloo Park development (same architects) and I believe we got that facility pretty spot-on because we got all the stakeholders in the room right at the beginning.

As we head into the festive season I would like to wish everyone a very happy and wet Christmas and New Year. There seems to be a stirring in the country which could see a particularly busy and prosperous 2021. Historically this happens after economic "freezes" brought on by wars, pandemics, etc. Hopefully the next few years will see this eventuate.

Kind Regards,

Stuart Mackenzie

YOUR COUNCILLORS

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Cr Roger Volz M: 0428 561 468 E: rvolz@quilpie.qld.gov.au Cr Bruce Paulsen P: 4656 1421 M: 0476 166 378 E: bpaulsen@quilpie.qld.gov.au

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From the CEO's Desk

Firstly I would like to wish all the Quilpie Shire residents all the best for Xmas and hope that a lot of rain can fall over the next few weeks to help the graziers and the town continue to prosper into the New Year.

At a Council level we are absolutely flat out completing a huge amount of roadworks leading up to the Xmas break. We have a very large programme of works that needs to be completed and despite the extremely hot weather our crews and contractors are working hard to complete works prior to taking a shorter break this year. The office itself is closing on the 23rd of December and opening back up on the 11th of January.

One of the most exciting things from my perspective is seeing the Eromanga Natural History Museum take shape it is really exciting to have this facility almost up and running and ready to take visitors from early next year. It will not only be significant for Quilpie Shire but also for the entire Outback. It has really been heartening to hear of the increased volumes of tourist traffic to the Shire and the extended season.

Council Officers will be meeting with National Parks before the Xmas break to ask the Queensland State Government to invest some additional funds to improve the signage and facilities at Hell Hole Gorge as it has been identified by Council that this area needs upgrading to cope with the additional visitors that we are expecting to the area next year.

Council has also awarded a contract to Hoek Module to bring in some transportable homes to Quilpie and Eromanga in the New Year as housing is becoming a big issue for the Shire. The Council is not only looking at these two homes but also has called tenders for further housing to try and do what we can to address this pressing issue.

The emergency contacts for the Xmas period are as follows:

Peter See - 0452 387 617

Brian Weeks - 0491 718 957

Plumber – 0427 561 198

To all the Council staff and residents alike I wish everyone a very happy and safe Xmas and we look forward to farewelling the year of 2020 which I think without doubt has been very tough on the entire world.

Regards,

Tim Rose



EROMANGA TREATED WATER

Residents of Eromanga are reminded that the treated water supply should not be used to water lawns.

Excessive use of the treated water could result in the plant not being able to keep up with the demand.

Council thanks residents for their understanding.

PLEASE BE ADVISED THAT DOG REGISTRATIONS ARE NOW OVERDUE



To avoid a penalty all owners with outstanding registration fees are encouraged to pay immediately.

For further information please contact Council's Customer Service Centre on (07) 4656 0500

SMALL BUSINESS ADAPTION GRANT PROGRAM ROUND 2

The Queensland Government has extended the Small Business Adaption Grant Program. The available grant amount is a minimum of \$2,000 and up to a maximum of \$10,000 per eligible small business. In Stage 2 of Queensland's Economic Recovery Strategy, up to \$100 million is available, with half of this funding specifically earmarked for regional small businesses in our region.

For all the details visit https://www. business.qld.gov.au/starting-business/ advice-support/grants/adaption



Wishing you all a very Merry Christmas

Council, management and staff would like to thank residents and ratepayers for their support in 2020 and look foward to working with the community in 2021. Council wishes everyone across the shire a happy and safe festive season.

CHRISTMAS CLOSEDOWN 2020

Residents are advised that the Quilpie Shire Council Christmas Closedown is as follows:

Depot will be Closed from: 18 December 2020 and reopen 04 January 2021

Main Administration Office will be closed from: 1:00pm 23 December 2020 until 08 January 2021

Rubbish Collections will take place: Residential: Tue 29 Dec 2020 & Mon 04 Jan 2021 Business: Thurs 24 December 2020 & Wed 30 Dec 2020

For any urgent enquiries over the Christmas Break please contact: Peter See: 0452 387 617 Brian Weeks: 0491 718 957 Plumber: 0427 561 198

For further information please contact Council's Customer Service Centre on (07) 4656 0500.

04/12/2020

Tim Rose Chief Executive Officer

OUILPIE

(07) 4656 0500 www.quilpie.qld.gov.au





The Quilpie Shire Council Christmas Lights competition is on again and everyone across the Shire can enter!

Quilpie Township (No nomination required)

BEST LIGHTS DISPLAY – PRIZE \$500

BEST OUTDOOR TREE - PRIZE \$250

SPECTACULAR SENIOR AWARD – PRIZE \$250

JUDGES CHOICE – PRIZE \$250

BEST DECORATED BUSINESS AWARD – PRIZE \$300 CHRISTMAS WONDERLAND – GRAND PRIZE \$1000

Eromanga and Adavale Townships (No nomination required)

BEST CHRISTMAS LIGHTS DISPLAY EROMANGA – PRIZE \$500

BEST CHRISTMAS LIGHTS DISPLAY ADAVALE – PRIZE \$500

CHRISTMAS WONDERLAND – PRIZE \$1000

Judging across towns will take place the week commencing 14 December with winners announced at the Quilpie Combined Businesses Town Christmas Party 18 December.

Residents not in the towns of Quilpie, Eromanga or Adavale – NOMINATE NOW!

OUTBACK CHRISTMAS DISPLAY - PRIZE \$500 CHRISTMAS WONDERLAND – PRIZE \$1000

Photos and nominations must be submitted by 5.00pm Wednesday 16 December. The winner will be announced on 18 December at the Quilpie Combined Businesses Town Christmas Party

Nomination forms for the Rural Properties are available by visiting our website www.quilpie.qld.gov.au or give the office a call on 07 4656 0500.

You can submit your nominations and photos to

admin@quilpie.qld.gov.au or post them to Council (PO Box 57, Quilpie QLD 4480).





QUILPIE COMBINED BUSINESSES TOWN CHRISTMAS PARTY

FRIDAY | DECEMBER 18| 6 PM

BROLGA STREET, QUILPIE

We're wrapping up 2020 with a street party!

FREE BBQ DINNER BAR WITH BEER, WINE & CORDIAL

Night will feature the drawing of the shop local campaign vouchers!

This event is provided free to the community thanks to the generosity of local Quilpie businesses & Quilpie Shire Council.

If you are interested in supporting this event please contact Jenny or Philippa on 07 4656 1311 COVID requirements will be in place for this event

LOCAL BUSINESS CHRISTMAS CLOSURES

Paulsen's Friendly Grocer - Closed Christmas Day & Boxing Day. Open Saturday 27th December from 9-12, Closed Monday 28th December and Closed New Year's Day

Mead's Foodworks - Closed Christmas Day, open 8:45-midday Boxing Day, Closed 27th & 28th December and Closed New Year's Day .

Quilpie Butchery - Closing 5pm Christmas Eve and reopening Monday 4th January

Offshear's Bakery - Closed Monday 21st December, reopening Monday 4th January

Old Empire Café - Closed from 5pm Christmas Eve, Christmas Day & Boxing Day. Open 8am-5pm Sunday 27th December, Closed Monday 28th December and New Year's Day

Quilpie Heritage Inn - Closed Friday 11th December until further notice

Imperial Hotel - Closed Christmas Day & Boxing Day

Quilpie Club Inc - Closed Christmas Day & Boxing Day

Quilpie Hardware & Tyre Service - Closed from 20th December and reopening Monday 4th January

Hewsonhall Electrical - Closed from 5pm Christmas Eve and reopening Monday 4th January - Available on Mobile for emergencies: 0428 461 294

♦

Elle's News - Closed Christmas Day & Boxing Day. Open Sunday 27th December 9:30am - 11:30am. Closed Monday 28th December. Open 9am-12pm on 29th, 30th & 31st December. Closed New Year's Day. Open 9am-12pm Saturday 2nd January, 9:30-11:30 Sunday 3rd January and resuming normal hours Monday 4th January.

Quilpie Country Collections - Closed from 2pm Christmas Eve and reopening Monday 1st February

Quilpie Pharmacy - Closed Christmas Day, Open 9am-12pm Boxing Day, Closed Monday 28th December and New Year's Day

Quilpie Post Office - Closing 1:30pm Christmas Eve and reopening Tuesday 29th December. Closed New Year's Day.

Quilpie Medical Practice - Closed Christmas Day, Monday 28th December and New Year's Day

NAB - Closed from Christmas Day and reopening Monday 4th January

GDL - Closed from 5pm Friday 18th December and reopening Monday 11th January

Nutrien Ag Solutions - Closed Christmas Day, Boxing Day Monday 28th December and New Year's Day

Elder's - Closed from Christmas Day and reopening Monday 4th January

Springall's Mechanical - Closed Christmas Day and reopening Monday 4th January - available for emergencies at yard only - no call outs.

Gilby & Tonkin Mechanical - Closed from Christmas Eve and reopening Monday 11th January

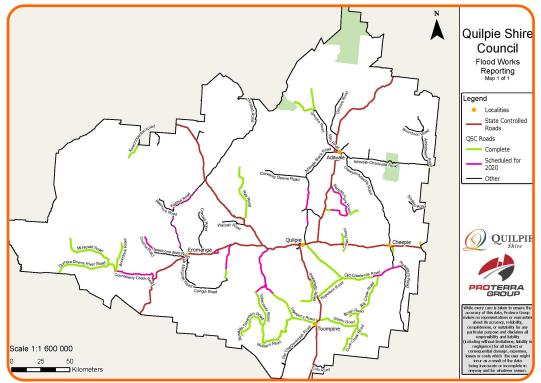
Eromanga Natural History Museum - Closed from 5pm Friday 18th December and reopening Wednesday 6th January.

Eromanga Café, Motel & Caravan Park - Not closing

ROAD UPDATES



- Work is progressing well on the sealing from 46 51km on the Quilpie-Adavale Red Road. Council grader crews will seal 2.6km of this work before Christmas with the remainder by the end of February 2021. This will mean there will only be 25km of gravel road remaining between Quilpie and Adavale. Council have sealed 18km of the road in the past 12 months. This work is funded jointly by Transport and Main Roads as well as Council. The staff and contractors involved have done a great job.
- Work has finished on construction of two concrete floodways on the Canaway Downs Road. This work was done by Council's Concrete and Structures gang in 46 degree heat. The gang started on some days at 4am to ensure the Concrete did not harden too quick in the extreme conditions. This work will ensure that people can travel this road in future flood events. The work is funded by the Queensland Reconstruction Authority. Well done to the gang!
- Council's contractor, Proterra Group are continuing with the flood damage repairs from the February 2020 flood event. All works from the 2020 flood are complete. Council is using only Quilpie Shire based contractors to do the repair works which is keeping funding locally. The map below shows the works completed so far and also the works to be completed by Christmas. A total of \$11,000,000.00 has been spent so far! Thanks to our local contractors for the great work they are doing and to Proterra also.



Be prepared this storm season

3 STEPS TO GET READY

Step 1: Have an Emergency & Evacuation Plan







Step 3: Make sure you're covered

Prepare for Storms

Before the storm season begins, prepare an emergency kit and trim tree branches well clear of your house.

You should also:

- Check and clean you roof, gutters & downpipes
- Identify loose objects in your yard and on your balcony, such as outdoor furniture and toys that will have to be put away or secured if a storm approaches
- Have masking tape and plastic sheeting or large garbage bags available for emergency rain protection
- Familiarise your household with the correct procedures to follow and information they need for when a storm strikes

THINK BEFORE YOU FLUSH!

Remember that your toilet is an "only-human-waste-andtoilet-paper-zone." Help us keep wastewater treatment costs down, keep our sewer lines clear, and protect the environment by only flushing the three Ps.

Please support our efforts & help to protect the Pacific Ocean.





AUSTRALIA'S #1

lot just another whip cracker 5 X Guinness World

Record holder

AUSTRALIA DAY CELEBRATIONS

MUSIC

FRIDAY 22 JANUARY - BULLOO PARK 5pm

- Australia Day Awards Presentations
- BBQ & Bar
- Nathan Whippy Griggs Whip Cracking Show
- Whip Cracking Workshop
- Laser Tag

UILPIF

- Live Music
- Fireworks Display



Town street resealing

Council would like to notify the public that;

Deacon street and Kyabra road will be undergoing Reseals on the 8th, 9th and 10th of December.

Sommerfield road, Cemetery road and Brolga street access (club to sommerfield rd) will be undergoing reseals on the 11th of December.

Jabiru street (Gyrica st to Buln Buln st) will be undergoing reseals on the 12th of December.

For further information please contact Council's Customer Service Centre on (07) 4656 0500.

4 December 2020

Tim Rose Acting Chief Executive Officer

OUILPIE

(07) 4656 050 www.quilpie.qld.gov.a



Where to get tested

If you have any symptoms of COVID-19, you can visit:

Your local doctor

Before your appointment, please call ahead and tell them about your symptoms so they can prepare for your visit.









Have you seen Council's new Street Sweeper out and about yet?



PUBLIC NOTICE

Quilpie Shire Council invites Expressions of Interest

For catering at Bulloo Park During Australia Day Celebrations

Friday 22 January 2021

Expressions of interest are invited for the provision of a <u>Community BBQ</u> to be held during the Australia Day Celebrations at Bulloo Park on Friday 22 January 2021.

Expressions of Interest should include options similar to below: - Steakettes/Sausages, Onions, Salads & Bread rolls

Catering is for approximately 180 people (These are approximate numbers and may be subject to change) & the successful organisation will be paid accordingly.

Expressions of Interest should be in writing marked **"2021 Australia Day Catering"** and returned to Quilpie Shire Council Office by COB Wednesday 13 December 2021.

For further information please contact Council's Customer Service Centre on (07) 4656 0500.

08/12/2020

Tim Rose Chief Executive Officer

QUILPIE

(07) 4656 0500 www.quilpie.qld.gov.au



Quilpie Shire Council invites

Expressions of Interest

For the provision of Bar at Bulloo Park During Australia Day Celebrations

Friday 22 January 2021

Expressions of interest are invited for the provision of a <u>Community Bar</u> to be held during the Australia Day Celebrations at Bulloo Park on Friday 22 January 2021.

The successful applicant will be responsible for the purchase and service of liquor and the set up and clean-up of bar. This particular event will operate from <u>6.00pm – 10.00pm</u>

Expressions of Interest should be in writing marked <u>"Australia Day Bar"</u> and returned to Quilpie Shire Council by 13 January 2021 at 5.00pm

For further details, please contact:

Lisa Hamlyn: Ph. 4656 0504 Email: <u>dceo@quilpie.qld.gov.au</u> Janet Foley: Ph. 46560550 Email: <u>janetf@quilpie.qld.gov.au</u>

For further information please contact Council's Customer Service Centre on (07) 4656 0500.

PUBLIC NOTICE

ORDINARY MEETING OF COUNCIL DATES 2021

In accordance with the provisions of Section 254B (4) of the Local Government Regulation 2012, notice is hereby given of the days and times when ordinary meetings will be held in 2021.

Meetings are generally held on the second Friday of the month, commencing at 9.30am, but are subject change, in which case a public notice will be issued. The following meetings will be held in the Council Boardroom, 50 Brolga Street, Quilpie:

> Tuesday 19 January 2021; Friday 19 February 2021; Friday 12 March 2021; Thursday 08 April 2021; Friday 14 May 2021; Friday 11 June 2021; Friday 09 July 2021; Friday 09 July 2021; Thursday 09 September 2021; Friday 08 October 2021; Friday 12 November 2021; and Friday 10 December 2021.

> > 02 December 2020

Tim Rose A/Chief Executive Officer

QUILPIE

Shire

(07) 4656 0500 www.quilpie.qld.gov.au

HAD A NEAR MISS OR ACCIDENT ON THE ROAD?

(Particularly along the main state controlled roads)

In an important move to collect data in relation to safety issues on our roads Council has established a dedicated email address (roads@quilpie.qld.gov. au) to allow residents to advise Council of dangerous experiences.

If you report an incident please include location, time of day, and details of the experience.

Please consider our local business operators who are grappling with ongoing restrictions and regulations as a result of the Coronavirus pandemic.

Local businesses are at the forefront of preventing the spread of coronavirus and must adhere to strict rules and regulations imposed by Queensland Health and the Government. When being served by a local business, please take the time to consider their role and duties and be patient. After all, we're all in this

CORONAVIRUS

Help us take care of our roads

It is always lovely when it rains in our shire but did you know it is often when unnecessary damage to roads occurs?

While the upkeep and maintenance of roads is Council's responsibility, you can assist by staying off unsealed roads for at least 48 hours after rain. The damage that occurs by driving on wet roads lasts for many months until Council contractors or staff can work on the road.

By staying home, we can keep the roads in good condition, potentially not cause damage to your vehicle, and potentially not have the embarrassment of getting badly bogged.

Council formally closes the roads after reasonable rainfall and as such if you drive on the road you are breaking the law.

GOOD HYGIENE IS IN YOUR HANDS. Wash your hands thoroughly with soap and water for at least 20 seconds to prevent passing on germs. Dry your hands.



http://www.health.qld.gov.au Version: 1. August 2011 a Queensland Health fact sheet

Naturally occuring fluoride in Quilpie's drinking water

Fluoride is a natural element often found in water, plants, rocks, soil, air and some foods. Research shows that fluoride helps protect teeth against tooth decay. Regularly drinking water containing small amounts of fluoride can help reduce tooth decay for people of all ages.

What is the drinking water standard for fluoride?

The Australian Drinking Water Guidelines recommend an upper limit of 1.5 milligrams per litre (or parts per million) of fluoride in drinking water. This is equivalent to one twentieth of a teaspoon of fluoride in a bathtub of water.

Many Western Queensland towns source their drinking water from groundwater (i.e. bores). These water sources can contain natural fluoride levels that are above this limit.

Monitoring of Quilpie's drinking water supply has indicated that it contains naturally occurring fluoride at an average concentration of 1.7 milligrams per litre. This is slightly above the recommended limit in the Guidelines.

Conventional water treatment processes and most domestic water filters do not reduce the level of fluoride present in your drinking water.

What are the risks of elevated levels of fluoride in drinking water?

There are two side effects that have been associated with elevated levels of fluoride in drinking water. The first is dental fluorosis and the second is skeletal fluorosis, which only occurs with very high levels of fluoride in drinking water.

What is dental fluorosis?

The main side effect associated with elevated levels of fluoride in drinking water is a condition known as dental fluorosis.

Dental fluorosis is largely an aesthetic concern and most often occurs as a mild change to the appearance of tooth enamel. It can appear as small, almost invisible, white lines in the enamel. More rarely, and in more severe cases, it can appear as pitting or staining of the enamel.

Dental fluorosis can occur if too much fluoride is ingested when teeth are developing at around one to four years of age. Teeth already present in the mouth are not at risk of developing fluorosis.

The risk of developing dental fluorosis, or experiencing more severe forms of the condition, increases with greater levels of fluoride in drinking water. However occasionally dental fluorosis occurs in developing teeth at relatively low fluoride levels.

Showering or bathing in water containing high levels of fluoride does not increase the risk of developing dental fluorosis.



What can I do to minimise the risk of dental fluorosis?

Where drinking water contains naturally occurring fluoride at a level above the Guideline of 1.5 milligrams per litre, parents can reduce the risk of children developing dental fluorosis by:

- Ensuring children do not take fluoride supplements (e.g. fluoride tablets and/or drops).
- Cleaning children's teeth with low fluoride toothpaste until the age of 18 months, unless otherwise recommended by a dentist.
- If fluoridated toothpaste is used, ensuring only a pea-sized amount of toothpaste is used and that children spit out after brushing and rinse their mouths with water.
- Monitoring and restricting other sources of fluoride in their children's diet (such as seafood and tea, which are known to contain fluoride).
- Providing bottled drinking water where possible and do not substitute bottled drinking water with soft drinks or other drinks high in sugar.
- Breast-feeding infants where possible and using bottled water to add to infant formula.

Help and assistance

For general enquiries contact your local Public Health Unit:

• Darling Downs Phone: 4631 9888

For more information:

ROAD CLOSED

- Contact your dental professional
- Visit www.health.qld.gov.au/oralhealth
- Call 13 HEALTH (13 43 25 84) for confidential health advice 24 hours a day, seven days a week
- Email oral_health@health.qld.gov.au

The information in this fact sheet applies only to those parts of Queensland with levels of naturally occurring fluoride above the drinking water Guideline or 1.5 milligrams per litre. It does not apply to locations with standard levels of water fluoridation.

Disclaimer: Please note that any material printed is regarded as an uncontrolled copy. It is the responsibility of the person printing the document to refer frequently to the latest electronic copies for updates.

ROAD CLOSURE

Council wishes to advise residents that Brolga Street will be closed between Buln Buln

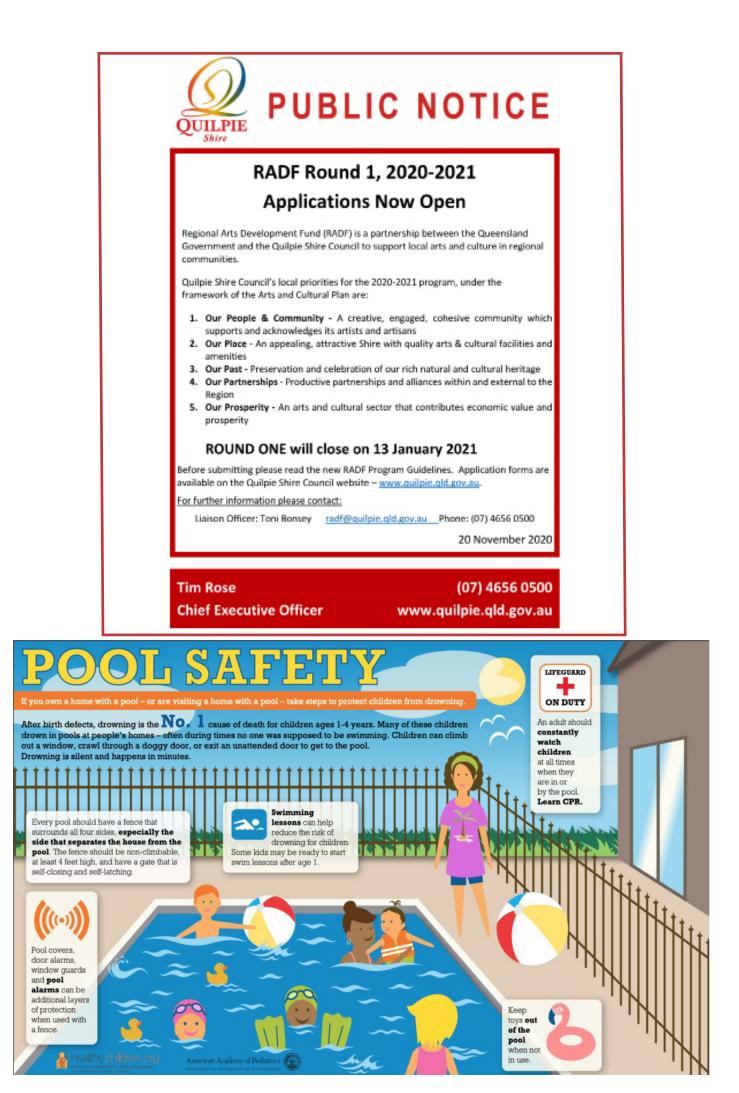
Street and Chulungra Street on Friday 18 December from 5pm to 12am for the

Community Christmas Street Party. Council apologises for any inconvenience.



TMR - REST AREAS

The Queensland Government recently updated the legislation surrounding the use of rest areas on statecontrolled roads. This was due to ongoing issues with motorists, campervans and caravans illegally parking at Queensland heavy vehicle rest areas and overstaying at combined rest areas. Motorists can now be fined if they park in designated heavy vehicle rest stops or overstay at combined rest area locations.





PUBLIC NOTICE

WILD DOG BAITING PROGRAM

Residents and visitors are advised that Council will be conducting an aerial and on-ground Wild Dog Baiting Program commencing 7th December 2020.

Town Commons are not included in the baiting program, however care should be taken when exercising dogs and other animals.

This is a necessary and planned program aimed at controlling the wild dog program within the Quilpie Shire.

For further information or to register in the program, please contact Council's Customer Service Centre on 07 46560500.

25 November 2020

BREAKING NEWS ALERT

Tim Rose A/Chief Executive Officer (07) 4656 0500 www.quilpie.qld.gov.au

OUTBACK QUEENSLAND JOBS BOARD



www.outbackqueenslandjobs.com.au

Outback Queensland Jobs offers a free service available to businesses (the potential employers) and job seekers in the Central West, South West and Far West Queensland regions.

With quick and easy registration, register using your business email or any social media account you like.

Once registered use the smart form to create and save your job. You can share the job ad via email, Facebook, Twitter, LinkedIn or Google (Gmail).

You can quickly see who applied and view



INTERPRETING A RAIN FORECAST ACCURATELY A MAJOR ISSUE FOR PRODUCERS

Are you in the 70% of producers reading their weather forecasts incorrectly? Does the rainfall forecast always seem to 'get it wrong'?



Photograph by Steve O'Connor

The Northern Australia Climate Program's regionally located 'Climate Mates' deliver climate and forecasting workshops across Northern Australia. During these workshops, the team discovered that 7/10 producers have been misinterpreting the rainfall forecast for years!

NACP is now offering an online short course, *Forecasting for Decision-Making*, that has been designed to upskill producers to get the most out of the weather forecasts and read them accurately.

This course covers: El Nino-Southern Oscillation (ENSO); Indian Ocean Dipole (IOD); Madden Julien Oscillation (MJO); and Interpreting the Forecast. One-on-one follow up ensures this information is tailored to your property. Supported by the Bureau of Meteorology and the UK Met office, this course will give you the knowledge to correctly interpret and use forecasting as a productive tool in decision-making.

> Places are limited, so register now and connect with the best climate and forecast researchers in the business.

Find out more at: nacp.org.au/outreach/training/launchpad or contact nacp@usq.edu.au

Queensland Health

Staying healthy in the heat¹

Fact sheet

Prolonged hot weather can affect anybody. It may make existing medical conditions worse and can cause heat-related illness. In some cases, heat effects may be fatal. It may also affect community infrastructure such as power supply and other support services. So, it is important to know how to stay healthy in hot weather.

Who is at risk?

All Queenslanders are at risk during periods of hot or prolonged high temperatures. However, some people are at a higher risk of harm. This includes

- the elderly-especially those who live alone
- babies and very young children
- pregnant women and breastfeeding mothers
- people who suffer from a pre-existing medical condition—such as diabetes, kidney disease or mental illness
- people who take certain medication—such as allergy medicines (antihistamines), blood pressure and heart medications (beta-blockers), fluid tablets (diuretics) and anti-depressant or anti-psychotic medications. If you take medication, consult with your doctor for more information.



Figure 1 Heat-related illnesses

- people with an alcohol or other drug problem
- people with mobility problems or disability who may not be able to identify or communicate their discomfort or thirst
- people who are physically active-such as manual workers and people who play sport.

Preparing for a heat wave

This includes

- · check air-conditioning at your home has been serviced and is working effectively
- · ensure you have an enough food, water, medicines and toiletries to avoid going out in the heat
- store foods and medicines at a safe temperature
- if you have a medical condition, ask your doctor for advice on how to manage the heat
- consider your options if the heat wave causes a loss of electricity or disrupts public transport
- ensure you have a torch, fully charged mobile phone or a telephone that will work without electricity, a battery-operated radio and sufficient batteries
- find ways to make your home cooler—such as installing awnings, shade cloths or external blinds on the sides of the house facing the sun. Dark metal shutters and dark curtains may absorb heat and make the room warmer and should be avoided. The use of pale curtains or reflective materials is better.



Coping during prolonged heat

This includes

- keep hydrated by drinking water regularly during the day. This generally means drinking two to three litres of water a day, depending on heat, humidity and your physical activity.
- if your doctor normally restricts your fluid intake, check how much to drink during hot weather. Drinking too much water can also be dangerous, so monitor the colour of your urine. It is recommended that your water consumption should ensure that your urine is light yellow.
- · avoid drinking drinks with high levels of sugar, caffeine and alcohol and very cold drinks
- eat smaller cool meals, such as salads. Do not take additional salt tablets unless prescribed by a doctor.
- keep yourself cool. Use wet towels or scarves, put your feet in cool water or take cool (not cold) showers. Stay indoors in cool or air-conditioned facilities— either at home or at local shopping centres, libraries and cinemas.
- · close curtains and blinds to reduce heat entering your home
- avoid strenuous outdoor activities. If you can't avoid outdoor activities don't go out in the hottest part of the day, stay in the shade, drink plenty of water and wear a hat and light coloured, loose fitting clothing. Ensure infants and children do too.
- · don't leave children, adults or animals in parked vehicles, even for a short period of time
- keep in touch with sick or frail friends, neighbours and relatives to ensure that they are coping with the heat wave conditions
- watch or listen to news reports for information about the heat wave.

Further information

- · Contact your doctor, hospital or health clinic
- In an emergency, ring 000 for urgent advice from the Queensland Ambulance Service
- For general signs of symptoms resulting from prolonged exposure to hot weather, refer to 'Heat-related illness' fact sheet.
- · For information on caring for children in the heat, refer to 'Caring for children in heat' fact sheet.
- Call 13 HEALTH (13 43 25 84) at any time
- Contact 13 QGOV (13 74 68) for your nearest public health unit.



FESTIVE SEASON TIPS

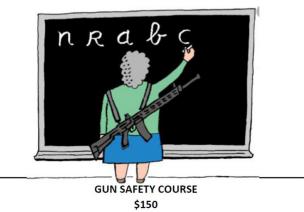
10 Ways To Have A Healthier Christmas

Christmas is notoriously a time to indulge, but don't let this be the green light to overindulge! You can still enjoy all the festivities of the season and get through the Christmas period without too much impact on your health and waistline.

Try our top 10 tips for a healthier Christmas:

Don't Sit Down All Day Keep Colds At Bay Think Before You Eat Don't Stress Eat Fruit Go Easy on the Booze Engage your Brain Do Something For Others Be A Careful Cook Don't Give Yourself A Christmas Stuffing

And most importantly, have a happy, healthy festive season!



Saturday 12 December 9am at the Shire Hall supper Room Booking at the Quilpie Police Station. A \$20 deposit booking fee is required and you will need your USI number, on booking you will receive your gun safety book.



Six tips for staying festive this silly season

- 1. Be mindful of your sleep
 - 2. Set yourself a budget
- 3. Make homemade gifts
- 4. Connect with someone new

5. Stay in the moment



Quilpie Library

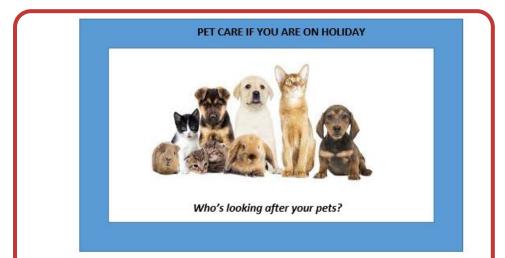
First 5 Forever News

Quilpie Library has some fantastic goodies for the Under 5's



- Library Bags with a special kids only F5F membership card
- F5F Library Bags for babies and toddlers. Inside the bags are books, bath puppet, egg shaker and lots of useful information.
- Lots of F5F NEW Picture Books have arrived at the Library and are available for loan

Call into the Library and checkout the F5F Resources that are available.



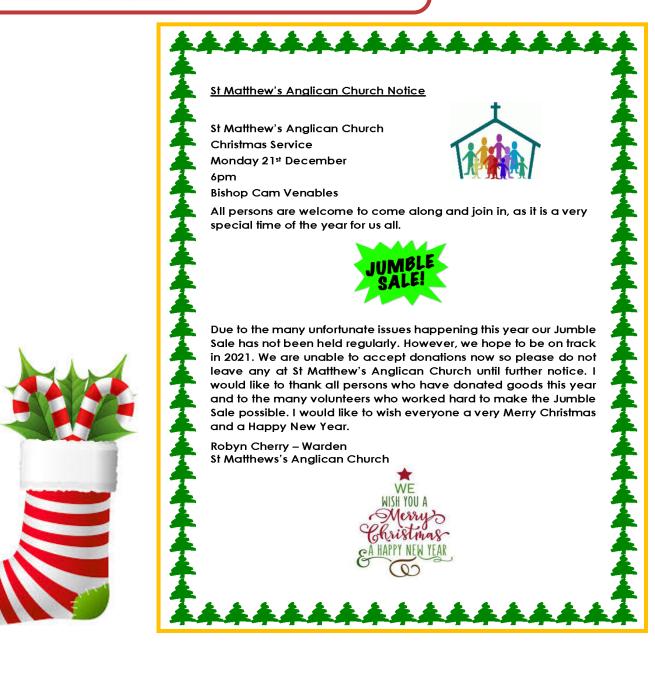


If you are going away from home you need to work out who will be looking after your pet. You should choose one of the following care options:

- boarding kennels
- house sitters
- professional home care
- reliable friends or neighbours

You must look after you pet, even when you are on holiday. If you don't you could be facing a substantial fine under the Animal Welfare Act.

Many animals are left on their own and some can suffer from lack of food, water and basic care Unsupervised pets are at risk of serious injury.



Mobile Sexual Health and Women's Health Clinic



Location:

Quilpie Medical Practice

For appointments phone: 4656 1158



Sexual Health testing

Cervical Screening

Breast / testicular examination and education

- · Contraception and family
- planning information
- Education and Information
- Referrals





COMMUNITY ACTIVITIES AND SENIORS PROGRAM Michelle Donohue: Health Promotions Officer Phone: 46560 500 Mobile: 0427 243 055



December 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 9:30am Pastel Workshop with Lyn Barnes Fully Booked	2 9:30am Pastel Workshop with Lyn Barnes Fully Booked	3 9:30am Aqua with Alina 2:00pm CWA Hall Healthy Minds	4 10:30am CWA Hall Exercises with Samantha Sallway Vital Health	5	6
7 9:30am Aqua with Alina	8 2:00pm CWA Hall Craft & Conversation	9 10:30am CWA Hall Tai Chi	10 9:30am Aqua with Alina 11.00am CWA Hall Healthy Minds BYO Lunch	11	12	13
14 9:30am Aqua with Alina	15 12:00pm Imperial Hotel Seniors Christmas Lunch Bookings Essential	16 10:30am CWA Hall Chair Exercises	17 9:30am Aqua with Alina 2:00pm CWA Hall Healthy Minds	18	19	20
21 9:30am Aqua with Alina	22 2:00pm CWA Hall Craft & Conversation	23 CLOSED	24 CHRISTMAS EVE	25 CHRISTMAS DAY		

We wish you a very Merry Christmas and a Happy New Year



ANN LEAHY MP SCHOLARSHIPS GUIDE 2020-2021

Are you in Year 11 or 12 and looking at future studies?

Are you a mature age student who may benefit from a Scholarship at a major University or Agricultural College? For a copy of a list of tertiary scholarships and other useful information prepared for you by your Local State Member of Parliament, Ann Leahy MP please contact Ann's office on phone 1800 814 479 or 1800 625 430. Alternatively, email warrego@parliament.gld.gov.au

SUMMER PET SAFETY TIPS

Beat the heat and keep your pets safe this summer !

SUN PROTECTION

Don't forget the sunscreen and have your dog wear clothing. Dogs that are white, hairless and with light colored fur are most likely to suffer from sunburn.



SHADE Prevent overheating with breaks out of the sun into a shady retreat every 30 minutes or so.

HOT CAR



Even with the windows down, the inside of a car can heat upto 120 degrees ! Ouchies !

STAY HYDRATED

Refill your dog's water bowl more often than usual on hot days. Add ice cubes to cool down your pup and prevent vomiting.

SIGNS OF HEATSTROKE

Keep your eyes peeled for excessive panting, weakness, drooling, lethargy, vomiting, dark red gums, incoordination, rapid heart beat and seizuers.

HOT PUP PAWS

Avoid hot surface such as pavement, concrete, wood, stone, metal and sand. Be a friend to those paw pads with dog shoes to prevent burn and blisters.





QUILPIE CULTURAL SOCIETY INC P.O. Box 172 Quilpie 4480



Quilpie Cultural Society Workshops 2020

21st – 22nd November 2020 RADF Silver Smithing with Tutor Annie Weiden Rep Jane Mulligan 0428547400

5th December 2020 FRRR Unwind with Wire with tutor Kylie Tindall-Smith Rep Jess Gilby 0457033900

Quilpie Cultural Society Workshops 2021

January or February (date to be confirmed) -FRRR Bubbles and Brush Strokes for adults and Busy Bees for kids with tutor Samantha Meurant Rep Jo Pegler 46564942

6th – 7th February 2021 Self Funded Louise's Braid Quilpie with local Tutor Louise Hall Rep Jan McConnell 0428562083

19th – 22nd March 2021 *Pending RADF funding* Flying into Colours with Helen Godden Rep Jan McConnell 0428562083

17th – 24th May 2021 Raffle Quilt with "Cheryl and Friends" Quilpie Quilting Group organised by Jan McConnell making a Raffle Quilt to raise funds for Quilpie Cultural Society.

27th – 30th May RADF Furniture Restoration with Dean Timms Rep Josie Martyr 0427036984

19th – 20th June RADF **Western Watercolours** with John Morrison Rep Jo Pegler 46564942 25th – 28th June FRRR Upholstery with Tim Symons Rep Josie Martyr 0427036984

July (date to be confirmed) RADF Embroidery with Cathy Sotiriou Rep Robyn Cherry 0428612566

20th – 23rd August 2021 *Pending RADF funding* Fifi's Fabicology with Fiona and Kelly Rep Jan McConnell 0428562083

21st – 22nd August 2021 RADF Pastel Techniques with Maxine Thompson in Eromanga Rep Jo Pegler 46564942

Quilpie Cultural Society Workshops Dates to be decided

RADF – date to be decided Glass Glorious Glass with tutor Alison Shaw Rep Jane Mulligan 0428547400

Photography with tutor to be advised – RADF Rep Lauren Gilligan





The Regional Arts Development Fund is a Queensland Government and Quilpie Shire Council partnership to support local arts and culture.



Funded by the Foundation for Rural and Regional Renewal.



PLEASE REMEMBER

The Do's and Don'ts of Waste Collection

Please ensure bin lids are CLOSED so the rubbish truck can empty the bin efficiently and to avoid animals spreading rubbish.

Good Bin Manners





Poor Bin Manners







Council recently received a compliment from a neighbouring Shire about the Quilpie Dump. Thank you to Council's Town Services staff for your combined daily efforts to keep the landfill site clean and tidy.



Halliebec Towing and Contracting (41 Chipu Street) is an approved Container Refund point for anyone wanting to recycle eligible beverage containers, bottles or cans. The exchange is open Tuesday from 4.30 -6.00pm (subject to change). Quantities over 1500 will be taken by appointment. To set up your scheme ID visit consumer.containersforchange.com.au/cre ate-account or for more information visit

www.containersforchange.com.au

GIVIT

Can we help?



GIVIT can provide free essential items for the people you support

givit.org.au

givit.org.au



Simply register with GIVIT and start accessing hundreds of free donated items. You can also request specific items you need for your service or the people you support, including school uniforms, washing machines, beds, bedding, sporting equipment and food vouchers.

REGISTER

It's quick, free and easy! Visit givit.org.au and submit your organisation's details.

REQUEST

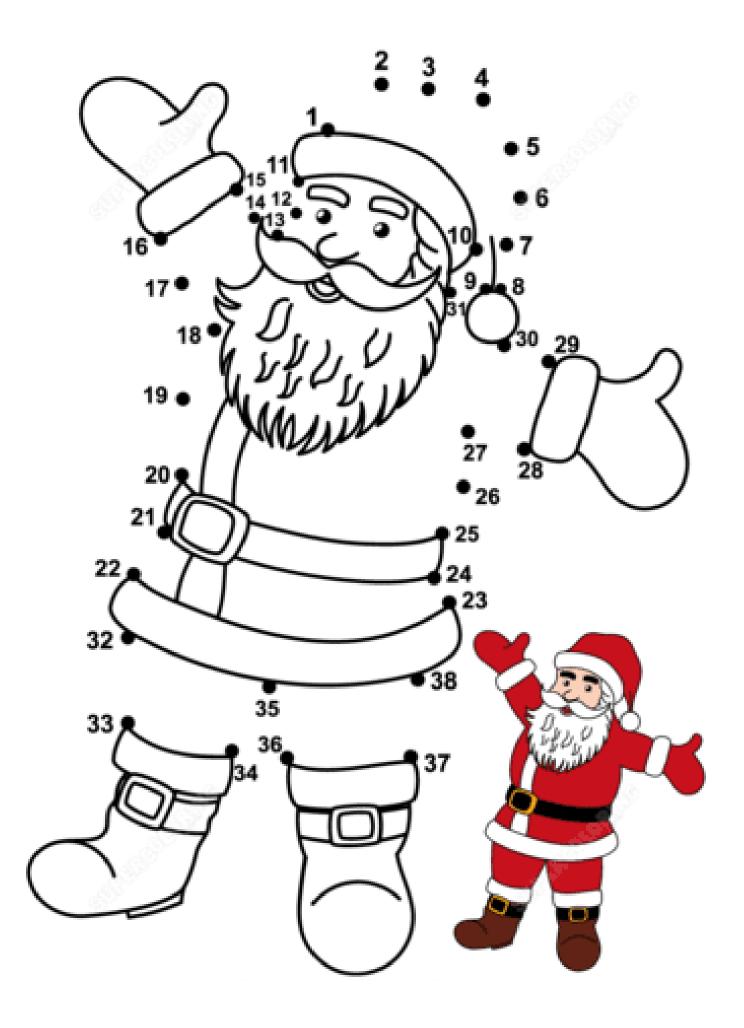
See what's available or tell us what you need. A quick and easy search on GIVIT will show what is available near you. Or, simply place a request online and we'll work to match you with a donor who can provide that item.

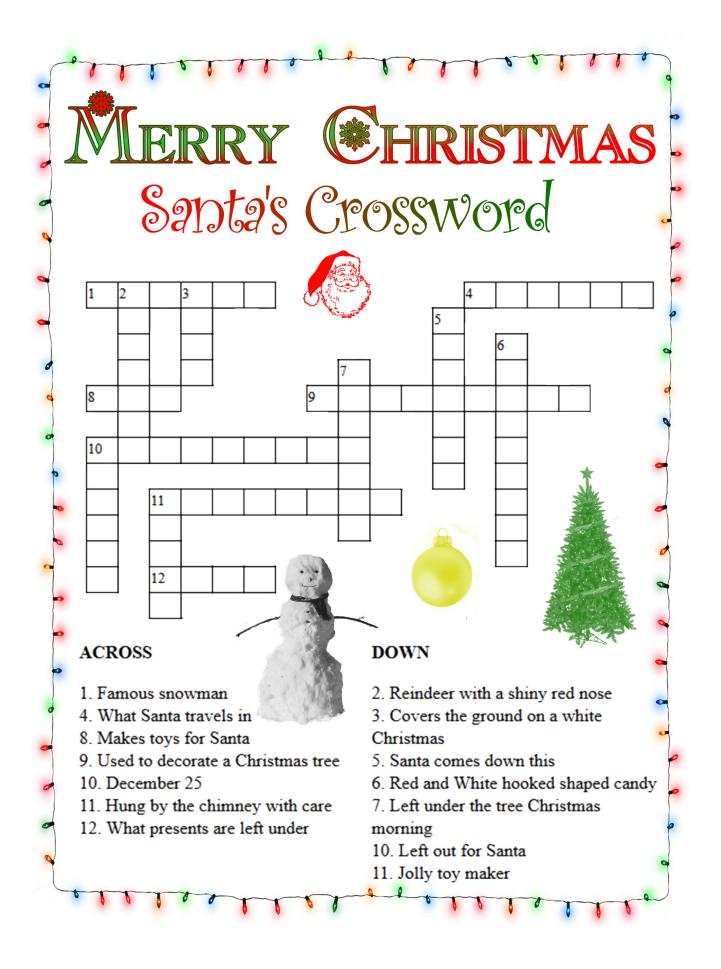
RECEIVE

Help your client!

Once a donation match is made, your details are automatically swapped with the donor for you to organise collection or delivery.







The National Disability Insurance Scheme (also called the NDIS) is the new way of providing disability support.

The NDIS will provide all Australians under the age of 65 who have a permanent and significant disability with the reasonable and necessary supports they need to enjoy an ordinary life.

The NDIS will help people with disability achieve their goals. This may include greater independence,



As an insurance scheme, the NDIS takes a lifetime approach, investing in people with disability early to improve their outcomes later in life.



The NDIS also provides people with disability, their family and carers with information and referrals to existing support services in the community.

By 2019, the NDIS will support about 460,000 Australians with disability.







Can I access the NDIS?

To become an NDIS participant a person must:

 Have a permanent disability that significantly affects their ability to take part in everyday activities;

Be aged less than 65 when they first enter the NDIS;

Be an Australian citizen or hold a permanent visa or a Protected Special Category visa; and

 Live in Australia where the NDIS is available.

Can I still receive support if I do not meet the access requirements for the NDIS?

A person does not have to be an NDIS participant to receive support from the NDIS. The NDIS will connect people with disability, their families and carers, including people who are not NDIS participants, to disability and mainstream supports in their community.

To find out more call or visit Council's NDIS Support Coordinator, Chris Houghton on 0436 816 827



