




# COMMUNITY ACTIVITIES AND SENIORS PROGRAM

Michelle Donohue: Health Promotions Officer

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## September 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 2:00pm CWA Hall Craft Creations	2 10:30am CWA Hall Tai Chi	3 2:00pm CWA Hall Healthy Minds	4 <b>Closed</b>	5	6
7 10:30am CWA Hall Gentle Exercises	8 2:00pm CWA Hall Craft Creations	9 10:30am CWA Hall Tai Chi	10 <b>Closed</b> 	11 10:00am Bicentennial Park BYO Morning Tea	12	13
14 10:30am CWA Hall Gentle Exercises	15 2:00pm CWA Hall Craft Creations	16 10:00am The Lake Men's Group	17 2:00pm CWA Hall Healthy Minds	18 <b>Closed</b>	19	20
21 10:30am CWA Hall Gentle Exercises	22 2:00pm CWA Hall Craft Pom Pom's	23 <b>Closed</b>	24 10:00am CWA Hall Plant Swap	25 12:00pm Luncheon Heritage Inn RSVP 17/09/20	26	27
28 <b>Closed</b>	29 <b>Closed</b>	30 <b>Closed</b>				

DEMENTIA ACTION WEEK 21 – 27 SEPTEMBER – The theme 'Dementia. A little support makes a lot of difference'.