


JANUARY 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Closed	2 Closed	3 Closed	4	5
6 9.00am Aqua with Alina	7 2.00pm St Matthews Hall Craft & Chat	8 10.30am St Matthews Hall Board Games	9 2.00pm St Matthews Hall Healthy Minds	10 10.30am St Matthews Hall Bingo	11	12
13 9.00am Aqua with Alina	14 2.00pm St Matthews Hall Craft & Chat	15 10.30am St Matthews Hall Tai Chi	16 2.00pm St Matthews Hall Healthy Minds	17 10.30am St Matthews Hall Hoy	18	19
20 9.00am St Matthews Hall Gentle Exercises	21 2.00pm St Matthews Hall Craft & Chat	22 10.30am St Matthews Hall Tai Chi	23 9.00am Aqua with Alina 2.00pm St Matthews Hall Healthy Minds	24 10.30am St Matthews Hall Jumble Sale	25	26 
27 Public Holiday	28 2.00pm St Matthews Hall Craft & Chat	29 10.30am St Matthews Hall Gentle Exercises	30 10.00am Quilpie Hospital Foot Care 2.00pm St Matthews Hall Healthy Minds	31 10.30am St Matthews Hall Bingo & Pot Luck Lunch		