

Drought Phone List



Need help now?

You are not alone

- **Emergency Services** 000
- Lifeline 13 11 14
- Your local GP
- Beyond Blue 1300 224 636

Financial Assistance

Get onto it early, avoid self-assessing

- **Rural Financial Counselling Service (RFCS)** 07 4622 5500
- Department Natural Resources, Mines and Energy Drought Assistance 13 74 68
- Drought Angels 07 4662 7371
- Ergon Energy Drought Relief 1800 185 750
- Farm Household Allowance 13 23 16
- Legal Aid Queensland Farm and Rural Service 1300 651 188
- Lifeline Financial Counsellor 1300 991 443
- Queensland Country Women's Association 07 3026 1220
- Queensland Drought Assistance Scheme 13 25 23
- Queensland Rural Industry Development Authority (QRIDA) 1800 623 946
- Rural Aid 1300 327 624
- Telstra Adversity, Financial Hardship Program 13 22 00
- Your Accountant

Wellbeing

Persist to find the right help

- **Mental Health Service Navigators** 1300 012 710
- Lifeline Darling Downs and South West Queensland 1300 991 443
- New Access 1300 727 957
- Relationships Australia QLD 1300 364 277

Rural Support – Government Organisations		
FarmHub website		https://farmhub.org.au/region/qld/
Federal Department of Human Services (Farm Household Allowance) Drought and Farmer Assistance Hotline	132 316	www.humanservices.gov.au
Federal Department of Human Services Payments and services if you live in regional, rural or remote Australia.	132 318	www.humanservices.gov.au/individuals/rural-and-remote-australians
Federal Department of Social Services For families & children and mental health	1300 653 227	www.dss.gov.au
Australian Tax Office (deferred payments) • Individuals • Businesses • Debt enquiries	13 28 65 13 72 26 13 11 42	www.ato.gov.au
Regional Investment Corporation Drought Loans	1800 875 675	www.ric.gov.au
Federal Department of Agriculture • Rural Financial Counselling Services	1800 900 090	www.agriculture.gov.au/ag-farm-food/drought/assistance/rural-financial-counselling-service/qld#head-office or to find your closest RFC in Queensland South Queensland www.rfcssq.org.au
QRIDA (Queensland Rural & Industry Development Authority)	1800 623 946 or local numbers on website	http://www.qrida.qld.gov.au/homepage
Health		
13 HEALTH Talk to registered nurse 24 hours a day, 7 days a week	13 43 25 84	https://www.qld.gov.au/health/contacts/advice/13health
Head to Health website		www.headtohealth.gov.au
Social and Emotional Wellbeing		
Lifeline 24 hours	13 11 14	www.lifeline.org.au
Beyond Blue – information only	1300 224 636	www.beyondblue.org.au
Family Drug Support	1300 368 186	www.fds.org.au
Relationships Australia	1300 364277	www.relationships.org.au
Family Relationship Service	1800 050 321	www.frsa.org.au
Mensline Australia	1300 789 978	www.mensline.org.au
Mental Health Service Navigators: • Neami National (Ipswich, Toowoomba, Scenic Rim and Lockyer Valley regions) • Rhealth (Goondiwindi, Southern Downs, Western Downs, South Burnett, Cherbourg and Somerset regions)	1300 012 710	www.neaminational.org.au/find-services/mental-health-service-navigator-toowoomba/ www.rhealth.com.au/what-we-do/current-programs-projects/mental-health-service-navigators/
Kids Help Line	1800 551 800	www.kidshelpline.com.au
Rural Aid	1300 327 624	www.ruralaid.org.au
Men's Referral Service	1300 766 491	www.mrs.org.au
Salvation Army	13 72 58	www.salvationarmy.org.au
Lifeline Darling Downs & South West QLD: • Personal Financial counselling • DV Support • Family Counselling • Drug and Alcohol Support • Gambling Support	1300 991 443	www.lifelinedarlingdowns.org.au/