


## COMMUNITY ACTIVITIES AND SENIORS PROGRAM

Michelle Donohue: Health Promotions Officer

Phone: 4656 0500 Mobile: 0427 243 055

# March 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 10.30am St Matthews Hall Bingo	2	3
4 9.00am Aqua with Alina	5 2.00pm CWA Hall Craft & Conservation	6 10.30am I-Pads Library	7 9.00am Aqua with Alina 2.00pm CWA Hall Healthy Minds	8 10.30am St Matthews Hall Hoy	9	10
11 9.00am Aqua with Alina	12 2.00pm St Matthews Hall Craft & Conservation	13 10.30am Transcribing Library	14 9.00am Aqua with Alina 2.00pm St Matthews Hall Healthy Minds	15 8.30am Foot Care Day Eromanga <b>Limited Bookings for Bus</b>	16	17 
18 9.00am Aqua with Alina <b>Health Brain Week (18 – 22)</b>	19 12.00pm Seniors Luncheon Quilpie Hospital	20 10.30am I-Pads Library	21 9.00am Aqua with Alina 2.00pm CWA Hall Healthy Minds	22 10.30am St Matthews Hall Jumble Sale	23	24
25 9.00am Aqua with Alina	26 2.00pm St Matthews Hall Craft & Conservation	27 10.30am Transcribing Library	28 9.00am Aqua with Alina 2.00pm St Matthews Hall Healthy Minds	29 10.00am Men's Group Gyrca Gardens	30	31